

**Senior Services Commission**

**December 10, 2018**

The meeting was called to order by Chairwoman Pat Alsup at 10:33 a.m.

Roll Call: Patricia Alsup Theresa Fucini Ann Grasso  
Claire Hickey Luella Landis Madeline Lowry  
Linda Polke (*arrived at 10:35 a.m.*) Patricia Sienna

Absent: Mertie Terry Helen Zalewski

Others: Amy Saada, Senior/Human Services Director  
Al Waters, Council Liaison

**Approval/Amendment of Agenda**

Motion to approve the agenda made by Madeline Lowry; seconded by Pat Sienna. All in favor. Motion carried.

**Approval of Minutes**

Motion to approve the minutes of the November 19, 2018, Regular Meeting made by Pat Sienna; seconded by Ann Grasso. All in favor. Motion carried.

**Senior/Human Services Director's Report – Amy Saada**

Amy is waiting to hear from The Community Foundation about the grant for the wireless sound system.

The exercise classes continue to be well attended with 121 participants in November. The largest classes are beginner yoga, arthritis exercise, tai chi beginner and aerobics.

Ronna Kunminski's last day is December 11, 2018. Sandra Diamond, the tai chi instructor, will be off from January through mid March. At this time, there is not a substitute instructor. Amy explained that it is very hard to find substitute instructors because Cromwell is bound to a day/time slot due to shared space.

The Foxwoods Trip was canceled due to low enrollment and has been rescheduled for March 19, 2019.

There are 9 out trips and 4 get away trips scheduled for December.

The Upcoming Special Events include:

December 17, 2018 (at 12:00) – Holiday Caroling in the lobby with hot chocolate and cookies.

January 8, 2019 (at 2:00) – Poetry Writing Workshop where participants will submit their work to the Altrusa Poetry Contest.

January 17, 2019 (at 1:00) – Program on Korean Culture. Participants will create a lotus flower lantern craft, watch documentaries and sample traditional Korean desserts. Different cultural programs will be planned monthly throughout the fiscal year.

The Budget process hasn't begun but Amy is going to request 1 FT driver and upgrades to the drivers' cell phones and 1 FT Senior Center Program Coordinator.

Madeline Lowry suggested that Amy request a social worker. Patricia Sienna asked if Amy was looking for volunteers to visit homebound residents. Amy will look into this, however there are liability issues. Bus service for residents is curb-to-curb. If residents need assistance to their door, they can contact CRT.

Luella Landis informed the commission that she heard Amy speak on internet radio and that Amy did a great job. Amy spoke about the technology grant and homebound residents. The web address for internet radio is [www.ICRV.com](http://www.ICRV.com). On Fridays, they talk about the positive things happening in Middlesex County on "Feel Good Fridays".

#### **Director of Public Health Update – None**

#### **Council Liaison Update - Al Waters**

Pat Alsup asked Al if he reports the Senior Commission issues to the Town Council. Al responded that he usually does, however the last few meetings have run longer than expected so there has not been time for that.

Al updated the Commission on the economic development happenings in town including updates on Shop Rite, Marshalls, Starbucks, Cromwell Growers and the widening of Route 3.

**Old Business - None**

**New Business**

- a. Mike Parent has resigned from the Senior Services Commission, as he is moving to Michigan. Enzo Faienzo will appoint someone to the Commission. Pat Aslup asked if anyone had any suggestions. They would like more diversity in the Commission.

**Citizens Comments – None**

A motion to adjourn the meeting was made by Theresa Fucini; seconded by Pat Sienna.

Meeting adjourned at 10:59 a.m.

Respectfully submitted,

Nancy Stockman

Recording Clerk