

INSPIRE & EMPOWER: CENTRAL CONNECTICUT ADULT-YOUTH WORKSHOP

**REGISTER
NOW!**



FRIDAY MARCH 1, 2024

5PM-9PM


SATURDAY MARCH 2, 2024

8AM-12PM

**COURTYARD BY
MARRIOTT**

**4 SEBETHE DRIVE
CROMWELL, CT**

(Overnight accommodation is \$125)

GRANT FUNDING PROVIDED BY  **Amplify**

**FREE REGISTRATION & BABYSITTING
RAFFLES**

(MUST BE PRESENT TO WIN)

DINNER & BREAKFAST PROVIDED

SCREENAGERS UNDER THE INFLUENCE

BREAKOUT SESSIONS:

BREAKING BOWLS - KINTSUGI

BREAKING FREE: EMPOWERING YOUTH
CESSATION

EMPOWERING YOUTH: NAVIGATING
INDEPENDENCE

SOUND MEDITATION FOR STRESS
REDUCTION



John Morello - Keynote Speaker

John survived a high-risk adolescence while witnessing those around him struggle with addiction, depression, and the despair that can accompany poverty in a small town. To help himself and others better understand these struggles, he created the critically acclaimed one-man show, *Dirt*; a show which began as an experiment in a tiny theater that has now been seen by millions across the world.

SPONSORED BY:

Berlin Social and Youth Services, Berlin Upbeat, Newington Human Services, Rocky Hill Youth and Family Services, and Wethersfield Social and Youth Services