# **Greater Middletown Opioids Task Force**

Resources in our Community



Prepared by
LeAnna Basque, Intern,
City of Middletown
Health Department,
in partnership with
members of the
Task Force Resource
Awareness Subcommittee

September 2023

Middletown, CT

## **Forward**

The Greater Middletown Opioids Task Force is a collaborative effort between organizations who are concerned about unhealthy opioid use and overdose rates in the Greater Middletown community. We recognize that unhealthy substance use has many causes and can be dependent on health, pain, past experience, trauma, social needs and more. Our Task Force hopes to bring organizations and community members into thoughtful discussion and action about opioid use.

The mission of the Greater Middletown Opioids Task Force is to engage the Greater Middletown community in working together to promote opioid awareness, education, harm reduction, and access to treatment thereby reducing opioid-related overdoses and deaths and building a healthy, safe, and drug-free community. We hope to achieve our vision of a community working together to prevent opioid use and to help people experiencing opioid use challenges.

This document has been prepared by the Greater Middletown Opioids
Task Force Resource Awareness Subcommittee which aims to facilitate
awareness of prevention and treatment resources for substance use in the
Greater Middletown community in order to increase access to services. The
purpose of this document is to increase awareness of resources available for
Greater Middletown community members, decrease barriers to information and
allow for referrals between organizations.

For more information on the Greater Middletown Opioids Task Force, please visit our <u>webpage</u>.

Many thanks to our Task Force Members for their continued dedication and involvement.

Please note that efforts have been made to create a thorough resource guide for community members and agencies. We recommend that you check with organizations directly about their services.

# **Table of Contents**

<u>Helpful Links</u>	1
<u>Hotlines</u>	2
Withdrawal Management	3
Inpatient/Residential Treatment	5
Outpatient Treatment Includes: Partial Hospital Program, Intensive Outpatient Program, Group Therapy, Individual Therapy	7
Medication Assisted Treatment (MAT)	11
Recovery Coach / Peer Support	15
Support Groups	16
Harm Reduction	22
Naloxone (Narcan) & Training	24
Housing	28
<u>Transportation</u>	30
Resources for Family, Caregivers & Loved Ones	31
Health Departments & Districts	36
Education	38
Overdose Data	39
Task Force Contacts	40

# **Helpful Links**

<u>Connecticut Syringe Services Program</u> - This document provides information about where Syringe Services Programs are located in CT as of August 2021.

NORA (Naloxone + Overdose Response App) - An application provided by CT Department of Public Health to prevent, treat, and report opioid overdose.

<u>Medication Assisted Treatment Provider Map</u> - This map shows the providers that participate in Medication Assisted Treatment. This map also shows services for Medicaid Behavioral Health Services, treatment services that support recovery, and medical Medicaid providers offering MAT.

Naloxone Pharmacy Map - This interactive map shows the pharmacies in CT that carry naloxone. It is recommended to call ahead of time to ensure that there is stock available

Addiction Services Bed Availability, Department of Mental Health and Addiction Services
This site shows availability of open spots for withdrawal management, residential
treatment, recovery houses, sober houses, and walk-in services. It is recommended to
call ahead to confirm availability.

<u>Narcotics Anonymous</u> - Helps people find local Narcotics Anonymous meetings and provides resources for various types of treatment including inpatient, outpatient and support groups.

Rehabs.org - Provides info for people at any stage of their recovery journey, including info on different types of therapy/recovery options, warning signs, how to talk to a family member, definitions of different types of treatment and a local treatment center directory.

<u>FreeRehabCenters.org</u> - Aims to provide the most complete list of free, low-cost, sliding scale, and low-income assisted rehab lists on the Internet. We scoured thousands of non-profit organizations that provide alcohol, drug, another other assistance with substance abuse rehabilitation.

<u>Detox.com</u> - A network of addiction treatment facilities that provide drug and alcohol detox, support, and comprehensive substance abuse treatment services to the individuals and families struggling with addictions.

# **Hotlines**

<u>2-1-1</u> - 24/7 helpline in CT that provides referrals for substance use, mental health, healthcare, food, income, legal, youth, children & families, re-entry, transportation, crisis, older adults, housing, utility assistance, and basic needs

<u>Action Line</u> - Adult Crisis Telephone Intervention and Options Network, for adults in distress

800-HOPE-135 (1-800-467-3135)

<u>BHCare Community Warm Line</u> - The warm line is for people who are lonely, bored, anxious, in need of help to deal with a problem, or need information regarding other resources available in the community

203-732-2004

Su-Th 6pm-10pm; F & S 6pm-11pm

<u>DMHAS Access Line</u> - 24/7 access to substance use treatment referral 800-563-4086

Narcotics Anonymous Helpline 24/7

800-627-3543

River Valley Services—Middlesex County 24/7 Mental Health Crisis Line 860-344-2100

<u>SAMSHA's National Helpline</u> - 24/7 confidential treatment referral and information service

800-662-HELP (1-800-662-4357)

SAMSHA's Suicide & Crisis Line

9-8-8 (directs to 2-1-1) Text HOME to 741741

**Turning Point CT** 

800-273-8255

Text "CTL" to 741741

Mental health and substance use assistance for teens and young adults.

The Trevor Project - LGBTQ suicide prevention line/chatline

866-488-7386

Text 678-678

# **Withdrawal Management**

**Connecticut Counseling Centers, Inc.** 

Meriden Clinic: 290 Platt St. Meriden, CT 06450

Phone #: 203-317-2500

Kensington Clinic: 285 Kensington Ave. Meriden, CT 06451

Phone #: 203-608-0205

Hours: M-Th 8am-8pm; F 8am-4pm

Web Address: <a href="mailto:ctcounseling.org">ctcounseling.org</a>

Locations: Meriden, Waterbury, Norwalk, Stamford

Serves: Adults

Services: Withdrawal Management, Outpatient, MAT

MAT: Opiate Taper, Methadone, Suboxone

**Connecticut Valley Hospital (DHMAS)** 

Address: 100 Silver St. Middletown, CT 06457

Phone #: 800-828-3398

Web Address: portal.ct.gov/DMHAS/CVH/Agency-Files/CVH---Home-Page

Locations: Middletown, Hartford

Serves: Adults

Services: Withdrawal Management, Inpatient/Residential, MAT, Narcan

& Training, Resources for Family, Caregivers, and Loved Ones

MAT: Methadone, Suboxone, Naltrexone

Middlesex Health & The Beit Paley Center for Mental Health Services at Middlesex Health

Address: Middlesex Hospital Emergency Department, 28 Crescent St.,

Middletown, CT 06457

Address: Crescent Center for Mental Health Services, 1 MacDonough

Place, Middletown, CT 06457

Phone #: 860-358-8760

Web Address: middlesexhealth.org

Serves: Adults & Older Adults / ED also serves Children and Adolescents Services: Withdrawal Management, Inpatient, Outpatient, MAT, Support

Groups, Resources for Family, Caregivers & Loved Ones

**Root Center for Advanced Recovery** 

Address: 520 Saybrook Rd., Unit 105, Middletown, CT 06457

Hours: M-F 8am-4pm Phone #: 860-740-8132 Web Address: <u>rootcenter.org</u>

Locations: Bristol, Hartford (3), Manchester, Middletown (Methadone

Clinic anticipated 2024), New Britain, New London, Norwich,

Torrington, Willimantic

Serves: Adolescents (16+) & Adults

Services: Withdrawal Management, Outpatient, MAT, Narcan,

Resources for Family, Caregivers & Loved Ones

Other Services: TMS Therapy, School-based Services

MAT: Suboxone, Naltrexone, Spravato

Rushford

Address: 1250 Silver St. Middletown, CT 06457

Phone#: 877-577-3233
Web Address: rushford.org

Locations: Avon, Cheshire, Durham, Glastonbury, Meriden, Middletown,

Portland (Stonehaven)

Serves: Adolescents & Adults

Services: Withdrawal Management, Inpatient/Residential, Outpatient,

MAT, Narcan & Training, Resources for Family, Caregivers &

**Loved Ones** 

MAT: Suboxone, Naltrexone

# **Inpatient/Residential Treatment**

#### **APT New Haven**

Address: 1 Long Wharf Dr. New Haven, CT 06511

Hours: M-F 5:30am-4pm Phone #: 203-781-4600 Web Address: aptfoundation.org

Locations: New Haven, West Haven, North Haven

Serves: Adults

Services: Inpatient/Residential, Outpatient, MAT, Support Groups, Narcan &

Training, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone, Naltrexone

#### **Connecticut Valley Hospital (DHMAS)**

Address: 100 Silver St. Middletown, CT 06457

Phone #: 800-828-3398

Web Address: portal.ct.gov/DMHAS/CVH/Agency-Files/CVH---Home-Page

Locations: Middletown, Hartford

Serves: Adults

Services: Withdrawal Management, Inpatient/Residential, MAT, Narcan

& Training, Resources for Family, Caregivers, and Loved Ones

MAT: Methadone, Suboxone, Naltrexone

#### The Connection, Inc.

Address: 100 Roscommon Dr., Suite 203, Middletown, CT 06457

Phone #: 855-435-7955

Email: info@theconnectioninc.org

Web Address: <u>theconnectioninc.org</u>

Locations: Middletown, New Haven, Norwich, Hartford

Serves: Adults

Services: Inpatient/Residential Treatment, Outpatient, MAT, Support

Groups, Sober Housing, Resources for Family, Caregivers & Loved

Ones

# Focus on Recovery–United, Inc.

Address: 809 Main St, Unit 201, East Hartford, CT 06108

Phone #: 860-622-0770

Services: Inpatient/Residential, Outpatient

Gilead Community Services, Inc. (absorbed Farrell Treatment Center)

Address: 222 Main St. Ext., P.O. Box 1000, Middletown, CT 06457

Hours: 24/7

Phone #: 860-343-5300

Email: gileadcs@gileadcs.org

Web Address: <u>gileadcs.org</u>

Locations: Middletown, New Britain, Portland, Cromwell, Chester,

Colchester, Old Saybrook

Serves: Adults & Older Adults

Services: Inpatient/Residential Treatment, Outpatient, Support Groups,

Narcan, Sober Housing, Resources for Family, Caregivers & Loved

Ones

**Middlesex Health** 

Address: Middlesex Hospital Emergency Department & Inpatient Services,

28 Crescent St., Middletown, CT 06457

Phone: 860-358-8760

Web Address: <u>middlesexhealth.org</u>

Serves: Adults & Older Adults / ED also serves Children and Adolescents Services: Withdrawal Management, Inpatient, Outpatient, MAT, Support

Groups, Resources for Family, Caregivers & Loved Ones

Rushford

Address: 1250 Silver St. Middletown, CT 06457

Phone #: 877-577-3233
Web Address: rushford.org

Locations: Avon, Cheshire, Durham, Glastonbury, Meriden, Middletown,

Portland (Stonehaven)

Serves: Adolescents & Adults

Services: Withdrawal Management, Inpatient/Residential, Outpatient,

MAT, Narcan & Training, Resources for Family, Caregivers & Loved

Ones

MAT: Suboxone, Naltrexone

# **Outpatient Treatment**

Includes Partial Hospital Program (PHP), Intensive Outpatient Program (IOP), Group Therapy & Individual Therapy.

#### Alliance for Prevention & Wellness; BHCare

Address: 127 Washington Ave., 3rd FI East Side, New Haven, CT

06473

Hours: M-F 9am-5pm Phone #: 203-736-8566 Web Address: apw-ct.org

Locations: Derby, Ansonia (3), New Haven, North Haven, Branford (2), Derby

Serves: Children, Adolescents, Adults & Older Adults

Services: Outpatient, MAT, Support Groups, Narcan & Training,

Housing, Resources for Family, Caregivers & Loved Ones

#### **APT New Haven**

Address: 1 Long Wharf Dr. New Haven, CT 06511

Hours: M-F 5:30am-4pm Phone #: 203-781-4600 Web Address: aptfoundation.org

Locations: New Haven, West Haven, North Haven

Serves: Adult

Services: Inpatient/Residential, Outpatient, MAT, Support Groups, Narcan &

Training, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone, Naltrexone

#### **Connecticut Counseling Centers, Inc.**

Address 1: Meriden Clinic, 290 Platt St. Meriden, CT 06450

Phone # 1: 203-317-2500

Address 2: Kensington Clinic, 285 Kensington Ave. Meriden, CT 06451

Phone # 2: 203-608-0205

Hours: M-Th 8am-8pm; F 8am-4pm

Web Address: <a href="mailto:ctcounseling.org">ctcounseling.org</a>

Locations: Meriden, Waterbury, Norwalk, Stamford

Serves: Adults

Services: Withdrawal Management, Outpatient, MAT

MAT: Opiate Taper, Methadone, Suboxone

### The Connection, Inc.

Address: 100 Roscommon Dr., Suite 203, Middletown, CT 06457

Phone #: 855-435-7955

Email: info@theconnectioninc.org

Web Address: <u>theconnectioninc.org</u>

Locations: Middletown, New Haven, Norwich, Hartford

Serves: Adults

Services: Inpatient/Residential Treatment, Outpatient, MAT, Support Groups,

Sober Housing, Resources for Family, Caregivers & Loved Ones

#### Focus on Recovery-United, Inc.

Address: 809 Main St #201 East Hartford, CT 06108

Phone: 860-622-0770

Services: Inpatient/Residential, Outpatient

#### Gilead Community Services, Inc. (absorbed Farrell Treatment Center)

Address: 222 Main St. Ext., P.O. Box 1000, Middletown, CT 06457

Hours: 24/7

Phone #: 860-343-5300

Email: gileadcs@gileadcs.org

Web Address: <u>gileadcs.org</u>

Locations: Middletown, New Britain, Portland, Cromwell, Chester,

Colchester, Old Saybrook

Serves: Adults & Older Adults

Services: Inpatient/Residential Treatment, Outpatient, Support Groups,

Narcan, Sober Housing, Resources for Family, Caregivers &

**Loved Ones** 

#### **Health Care Resource Center**

Address: 55 Fishfry St. Hartford, CT 06120

Hours: M-F 6:30am-12:30pm

Phone #: 860-247-8300
Web Address: hcrcenters.com

Locations: Hartford, MA, ME, NH

Serves: Adults

Services: Outpatient, MAT, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone

# Middlesex Health & The Beit Paley Center for Mental Health Services at Middlesex Health

Address: Middlesex Hospital Emergency Department, 28 Crescent St.,

Middletown, CT 06457

Address: Crescent Center for Mental Health Services, 1 MacDonough

Place, Middletown, CT 06457

Phone: 860-358-8760

Web Address: middlesexhealth.org

Serves: Adults & Older Adults / ED also serves Children and Adolescents Services: Withdrawal Management, Inpatient, Outpatient, MAT, Support

Groups, Resources for Family, Caregivers & Loved Ones

### River Valley Services, DMHAS CT

Address: 351 Silver St. Middletown, CT 06457 (Leak Hall)

Hours: 24/7

Phone #: 860-262-5200

Hotline: Middlesex County Mental Health Crisis Hotline 860-344-2100 Web Address: portal.ct.gov/DMHAS/RVS/Agency-Files/RVS---Homepage

Locations: Middletown & Old Saybrook

Serves: Adults

Services: Outpatient, MAT, Resources for Family, Caregivers & Loved Ones

MAT: Suboxone, Naltrexone

# **Root Center for Advanced Recovery**

Address: 520 Saybrook Rd., Unit 105, Middletown, CT 06457

Hours: M-F 8am-4pm Phone #: 860-740-8132 Web Address: rootcenter.org

Locations: Bristol, Hartford (3), Manchester, Middletown (Methadone

Clinic anticipated 2024), New Britain, New London, Norwich,

Torrington, Willimantic

Serves: Adolescents (16+) & Adults

Services: Withdrawal Management, Outpatient, MAT, Narcan,

Resources for Family, Caregivers & Loved Ones

Other Services: TMS Therapy, School-based Services

MAT: Suboxone, Naltrexone, Spravato

#### Rushford

Address: 1250 Silver St. Middletown, CT 06457

Phone #: 877-577-3233
Web Address: rushford.org

Locations: Avon, Cheshire, Durham, Glastonbury, Meriden, Middletown,

Portland (Stonehaven)

Serves: Adolescents & Adults

Services: Withdrawal Management, Inpatient/Residential, Outpatient,

MAT, Narcan & Training, Resources for Family, Caregivers &

**Loved Ones** 

MAT: Suboxone, Naltrexone

TriCircle, Inc.

Address: 169 Colony St., 2nd Floor Room 28, Meriden, CT 06450

Phone #: 860-349-7074

Email: info@tricircleinc.com

Web Address: <u>tricircle.org</u>
Serves: Adults

Services: Outpatient, Support Groups

**Veterans Affairs Healthcare System** 

West Haven: 950 Campbell Ave. West Haven, CT 06516

Hours: 24/7

Phone # 1: Main 203-932-5711

Phione # 2: Mental Health Services 203-932-5711 x2570

Orange: 200 Edison Rd. Orange, CT 06477

Hours: M-F 8a-4:30pm Phone # 1: Main 203-508-7700

Phone # 2: Mental Health Services 203-508-7700

Web Address: www.va.gov/connecticut-health-care/health-services/#social-programs-and-services

Serves: Adult Veterans

Services: Outpatient Treatment, MAT

MAT: Methadone, Suboxone, Naltrexone

Wheeler Clinic

Address: 91 Northwest Dr. Plainville, CT 06062

Hours: Navigation Center, M-Th 8am-8pm; F 8am-6pm

Phone #: 888-793-3500

Email: info@wheelerclinic.org

Web Address: wheelerclinic.org

Locations: Hartford, New Britain, Bristol, Waterbury, Plainville

Serves: Children, Adolescents & Adults

Services: Outpatient, MAT, Support Groups, Narcan, Resources for Family,

Caregivers & Loved Ones

MAT: Suboxone, Naltrexone

# **Medication Assisted Treatment (MAT)**

#### Alliance for Prevention & Wellness; BHCare

Address: 127 Washington Ave., 3rd FI East Side, New Haven, CT

06473

Horus: M-F 9am-5pm Phone #: 203-736-8566 Web Address: apw-ct.org

Locations: Derby, Ansonia (3), New Haven, North Haven, Branford (2),

Derby

Serves: Children, Adolescents, Adults & Older Adults

Services: Outpatient, MAT, Support Groups, Narcan & Training,

Housing, Resources for Family, Caregivers & Loved Ones

#### **APT New Haven**

Address: 1 Long Wharf Dr. New Haven, CT 06511

Hours: M-F 5:30am-4pm
Phone #: 203-781-4600
Web Address: aptfoundation.org

Locations: New Haven, West Haven, North Haven

Serves: Adults

Services: Inpatient/Residential, Outpatient, MAT, Support Groups, Narcan &

Training, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone, Naltrexone

#### Community Health Center, Inc.

Address: 675 Main St. Middletown, CT 06457

Hours: M-Th 8am-7pm; F 8am-5pm; S 8am-4pm

Phone #: 860-347-6971

Web Address: <a href="mailto:chc1.com">chc1.com</a>

Locations: Bristol, Clinton, Danbury, Enfield, Greenwich, Groton,

Hartford, Meriden (2), New Britain, New London, Norwalk, Old

Saybrook, Stamford (3), Waterbury

Serves: Adolescents, Adults & Older Adults

Insurance: Private, Medicaid, Medicare & No Insurance

Services: MAT, Support Groups MAT: Suboxone, Naltrexone

## **Connecticut Counseling Centers, Inc.**

Meriden Clinic: 290 Platt St. Meriden, CT 06450

Phone #: 203-317-2500

Kensington Clinic: 285 Kensington Ave. Meriden, CT 06451

Phone #: 203-608-0205

Hours: M-Th 8am-8pm; F 8am-4pm

Web Address: <a href="mailto:ctcounseling.org">ctcounseling.org</a>

Locations: Meriden, Waterbury, Norwalk, Stamford

Serves: Adults

Services: Withdrawal Management, Outpatient, MAT

MAT: Opiate Taper, Methadone, Suboxone

## **Connecticut Valley Hospital (DHMAS)**

Address: 100 Silver St. Middletown, CT 06457

Phone #: 800-828-3398

Web Address: portal.ct.gov/DMHAS/CVH/Agency-Files/CVH---Home-Page

Locations: Middletown, Hartford

Serves: Adults

Services: Withdrawal Management, Inpatient/Residential, MAT, Narcan

& Training, Resources for Family, Caregivers, and Loved Ones

MAT: Methadone, Suboxone, Naltrexone

#### The Connection, Inc.

Address: 100 Roscommon Dr., Suite 203, Middletown, CT 06457

Phone #: 855-435-7955

Email: info@theconnectioninc.org

Web Address: <u>theconnectioninc.org</u>

Locations: Middletown, New Haven, Norwich, Hartford

Serves: Adult

Services: Inpatient/Residential Treatment, Outpatient, MAT, Support Groups,

Sober Housing, Resources for Family, Caregivers & Loved Ones

#### **Health Care Resource Center**

Address: 55 Fishfry St. Hartford, CT 06120

Hours: M-F 6:30am-12:30pm

Phone #: 860-247-8300 Web Address: hcrcenters.com

Locations: Hartford, MA, ME, NH

Serves: Adults

Services: Outpatient, MAT, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone

# Middlesex Health & The Beit Paley Center for Mental Health Services at Middlesex Health

Address: Middlesex Hospital Emergency Department, 28 Crescent St.,

Middletown, CT 06457

Address: Crescent Center for Mental Health Services, 1 MacDonough

Place, Middletown, CT 06457

Phone #: 860-358-8760

Web Address: middlesexhealth.org

Serves: Adults & Older Adults / ED also serves Children and Adolescents Services: Withdrawal Management, Inpatient, Outpatient, MAT, Support

Groups, Resources for Family, Caregivers & Loved Ones

### River Valley Services, DMHAS CT

Address: 351 Silver St. Middletown, CT 06457 (Leak Hall)

Hours: 24/7

Phone #: 860-262-5200

Hotline: Middlesex County Mental Health Crisis Hotline 860-344-2100 Web Address: portal.ct.gov/DMHAS/RVS/Agency-Files/RVS---Homepage

Locations: Middletown & Old Saybrook

Serves: Adults

Services: Outpatient, MAT, Resources for Family, Caregivers & Loved Ones

MAT: Suboxone, Naltrexone

# **Root Center for Advanced Recovery**

Address: 520 Saybrook Rd., Unit 105, Middletown, CT 06457

Hours: M-F 8am-4pm Phone #: 860-740-8132 Web Address: rootcenter.org

Locations: Bristol, Hartford (3), Manchester, Middletown (Methadone

Clinic anticipated 2024), New Britain, New London, Norwich,

Torrington, Willimantic

Serves: Adolescents (16+) & Adults

Services: Withdrawal Management, Outpatient, MAT, Narcan,

Resources for Family, Caregivers & Loved Ones

Other Services: TMS Therapy, School-based Services

MAT: Suboxone, Naltrexone, Spravato

Rushford

Address: 1250 Silver St. Middletown, CT 06457

Phone #: 877-577-3233 Web Address: rushford.org

Locations: Avon, Cheshire, Durham, Glastonbury, Meriden, Middletown,

Portland (Stonehaven)

Serves: Adolescents & Adults

Services: Withdrawal Management, Inpatient/Residential, Outpatient,

MAT, Narcan & Training, Resources for Family, Caregivers &

**Loved Ones** 

MAT: Suboxone, Naltrexone

**Veterans Affairs Healthcare System** 

West Haven: 950 Campbell Ave. West Haven, CT 06516

Hours: 24/7

Phone # 1: Main 203-932-5711

Phone # 2: Mental Health Services 203-932-5711 x2570

Orange: 200 Edison Rd. Orange, CT 06477

Hours: M-F 8a-4:30pm Phone # 1: Main 203-508-7700

Phone #2: Mental Health Services 203-508-7700

Web Address:

www.va.gov/connecticut-health-care/health-services/#social-programs-and-services

Serves: Adult Veterans

Services: Outpatient Treatment, MAT

MAT: Methadone, Suboxone, Naltrexone

Wheeler Clinic

Address: 91 Northwest Dr. Plainville, CT 06062

Hours: Navigation Center, M-Th 8am-8pm; F 8am-6pm

Phone #: 888-793-3500

Email: info@wheelerclinic.org

Web Address: wheelerclinic.org

Locations: Hartford, New Britain, Bristol, Waterbury, Plainville

Serves: Children, Adolescents & Adults

Services: Outpatient, MAT, Support Groups, Narcan, Resources for Family,

Caregivers & Loved Ones

MAT: Suboxone, Naltrexone

# **Recovery Coach / Peer Support**

**Connecticut Community for Addiction Recovery: CCAR** 

Address: 75 Charter Oak Ave., Bldg 1, Suite 305, Hartford, CT 06106

Hours: M-F 10am-3pm Phone #: 866-205-9770

Web Address: ccar.us

Locations: Bridgeport, Hartford, Windham, New Haven & Waterbury

Serves: Children, Adolescents, Adults & Older Adults

Services: Recovery Coach / Peer Support, Support Groups, Family

Resources

Meeting Info: Virtual support meetings via Zoom, see website.

Ministerial Health Fellowship – How Can We Help?

Hours: M-F 9am-5pm

Phone #: Executive Director, 860-817-3330

Recovery Coach, 203-443-9959

Email: Executive Director, <a href="mailto:revrmanderson@gmail.com">revrmanderson@gmail.com</a>

Recovery Coach, rrossmhf@gmail.com

Web Address: mhfct.org

Serves: Adults & Older Adults

Services: Recovery Coach / Peer Support, Support Groups, Family

Resources

The Village For Families & Children

Hours: Wednesdays, 11:00am-2:00pm

Phone: 860-236-4511

Web Address: <a href="https://thevillage.org/">https://thevillage.org/</a>
Serves: Adults & Older Adults

Services: Village Expanded Recovery Van (VERV)

Location: Driveway next to St. Vincent de Paul Middletown, 617

Main Street, Middletown CT

# **Support Groups**

#### Alliance for Prevention & Wellness; BHCare

Address: 127 Washington Ave., 3rd FI East Side, New Haven, CT

06473

Hours: M-F 9am-5pm Phone #: 203-736-8566 Web Address: apw-ct.org

Locations: Derby, Ansonia (3), New Haven, North Haven, Branford (2), Derby

Serves: Children, Adolescents, Adults & Older Adults

Services: Outpatient, MAT, Support Groups, Narcan & Training,

Housing, Resources for Family, Caregivers & Loved Ones

Meeting Info:

Email Dawn: DRenaud@bhcare.org about support groups

Family Support Group 1st Tuesdays 6:30pm, Virtual

#### **APT New Haven**

Address: 1 Long Wharf Dr. New Haven, CT 06511

Hours: M-F 5:30am-4pm
Phone #: 203-781-4600
Web Address: aptfoundation.org

Locations: New Haven, West Haven, North Haven

Serves: Adults

Services: Inpatient/Residential, Outpatient, MAT, Support Groups, Narcan &

Training, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone, Naltrexone

Meeting Info: Check <u>link</u> for schedule. Meetings are in New Haven, North Haven

& West Haven.

## **Bhogah Yoga School**

Address: 8 Fox Hill Dr. Northford, CT 06472

Phone #: 303-909-0106
Web Address: bhogahyoga.com

Email: info@bhogahyoga.com

Meeting Info: Yoga Recovery Classes. Suggested donation of \$5

# C.A.R.E.S. Group/Confidant Health

Web Address: cares.confidant.health

App: App-based substance use disorder support group.

Meeting Info: Confidant Cares Friends and Family Group, Mondays 7pm-9pm

## Community Health Center, Inc.

Address: 675 Main St. Middletown, CT 06457 Hours: M-Th 8am-7pm; F 8am-5pm; S 8am-4pm

Phone #: 860-347-6971 Web Address: chc1.com

Locations: Bristol, Clinton, Danbury, Enfield, Greenwich, Groton,

Hartford, Meriden (2), New Britain, New London, Norwalk, Old

Saybrook, Stamford (3), Waterbury

Serves: Adolescents, Adults & Older Adults

Insurance: Private, Medicaid, Medicare & No Insurance

Services: MAT, Support Groups MAT: Suboxone, Naltrexone

Meeting Info: Support groups open to CHC patients. Click link for calendar.

All meetings virtual. For further information on support groups:

(860) 347-6971, (203) 499-9816, (860) 266-0365

Relapse Prevention, Mondays 5pm-6pm

• Suboxone Group, Tuesdays 11am-12pm, Thursdays

9am-10am & 1pm-2pm

Accepting the Pain, But not the Suffering: Living Better Despite

Chronic Pain, Tuesdays 10am-11amChronic Pain Group, Fridays 1pm-2pm

# **Connecticut Community for Addiction Recovery: CCAR**

Address: 75 Charter Oak Ave., Bldg 1, Suite 305, Hartford, CT 06106

Hours: M-F 10am-3pm Phone #: 866-205-9770

Web Address: ccar.us

Locations: Bridgeport, Hartford, Windham, New Haven & Waterbury

Serves: Children, Adolescents, Adults & Older Adults

Services: Recovery Coach / Peer Support, Support Groups, Family

Resources

Meeting Info: Virtual support meetings via Zoom, see <u>website</u>.

#### In the Rooms

Web Address: intherooms.com

Meeting Info: Daily live <u>online meetings</u> and online community for those in

recovery

# Middlesex Health & The Beit Paley Center for Mental Health Services at Middlesex Health

Address: Middlesex Hospital Emergency Department, 28 Crescent St.,

Middletown, CT 06457

Address: Crescent Center for Mental Health Services, 1 MacDonough

Place, Middletown, CT 06457

Phone #: 860-358-8760

Web Address: middlesexhealth.org

Serves: Adults & Older Adults / ED also serves Children and Adolescents Services: Withdrawal Management, Inpatient, Outpatient, MAT, Support

Groups, Resources for Family, Caregivers & Loved Ones

Meeting Info: Find the meeting <u>calendar here</u>.

 Bereavement Support Group, Every other Monday 5pm-6:30pm, Virtual

Sherry Russenberger, Bereavement Coordinator, (860)
 358-6091 sherry.russenberger@midhosp.org

Rev. Dr. YangHee Christine Stopka, Hospital Chaplain, (860)
 358-6725 yanghee.stopka@midhosp.org

• Together We Heal, 1st Monday 5:30pm-7pm, Virtual

Ken DiCapua, LCSW, (860) 358-3426

# Ministerial Health Fellowship-How Can We Help?

Hours: M-F 9am-5pm

Phone #: Executive Director, 860-817-3330

Recovery Coach, 203-443-9959

Email: Executive Director, revrmanderson@gmail.com

Recovery Coach, rrossmhf@gmail.com

Web Address: mhfct.org

Serves: Adults & Older Adults

Services: Recovery Coach / Peer Support, Support Groups, Family

Resources

Meeting Info: For details and location call (860) 834-8061

• Women's Recovery Group, Thursdays at 11am - 12pm

• Recovery Group, Wednesdays from 12pm - 1pm

# **Narcotics Anonymous**

Meeting Info: Complete CT meeting listing can be found here.

 New Freedom, Sunday 10:30am, Free Center, 52 North Main St. Middletown, CT 06457

- Came to Believe, Sunday 7pm, Church of the Holy Trinity, 381 Main St. Middletown, CT 06457
- Basically Lit Recovery, Monday 6pm, Zion Lutheran Church. 183 Williams St. Portland, CT 06457
- Stepping Into the Light, Monday 6pm, St. James Parish Hall, 501 Killingworth Rd. Higganum, CT 06441, Masks Required
- After the Weekend, Monday 7pm, Bethlehem Lutheran Church, 1 West High St. East Hampton, CT 06424
- Recovery 101-Middletown, Tuesday 5:30pm, Virtual
- Over the Wall, Tuesday 6pm, Portland United Methodist Church, 381 Main St. Portland, CT 06480, No mask needed, if vaccinated
- Serenity Check, Wednesday 5:45pm, Third Congregational Church, 94 Miner St. Middletown, CT 06457
- All About Change, Wednesday 7pm, Bethany Lutheran Church, 50 Court St. Cromwell, CT 06416
- Living Clean, Wednesday 7pm, First Congregational Church, 554 Main St. Portland, CT 06480, Masks optional.
- Whole Lava Love, Thursday 7:30pm, Trinity Episcopal Church, 345 Main St. Portland, CT 06480, Following social distancing.
- Stepping Into the Weekend, Friday 7pm, Zion Lutheran Church, 183 Williams St. Portland, CT 06457.
- Straight Lace, Women's Meeting, Friday 7pm, Portland United Methodist Church,
   381 Main St. Portland, CT 06480, No mask needed, if vaccinated
- Pigs in Space, Friday 7:30pm, Shiloh Baptist Church, 346 Butternut St. Middletown.
   CT 06457, Masks required, temps taken.
- Til' the Wheels Fall Off, Friday 10pm, Trinity Episcopal Church, 345 Main St. Portland, CT 06480, Following social distancing, Masks required.
- Saturday Night Sanity, Saturday 7pm, Church of the Holy Trinity, 381 Main St. Middletown, CT 06457 (2nd fl), Mask required until seated.

# **Recovery Dharma**

Web Address: recoverydharma.online
Meeting Info: Online recovery meetings

# **Refuge Recovery**

Web Address: <u>refugerecovery.org</u>

Meeting Info: In-person and online meetings

## **Rushford SMART Recovery Meetings**

Hours: Every other Wednesday (weather and schedule adjustments will

be communicated as needed)

To Get Started: Download the Phoenix app www.thephoenix.org/app to learn more

and to register in advance. Questions or requests for assistance,

please contact the individuals below

Email & Phone: Brian Hines, brian.hines@hhchealth.org, 860-310-6494; Thomas

Nicholson, thomas.nicholson@hhchealth.org, 860-936-0155

Web Address: <a href="https://rushford.org/locations/middletown">https://rushford.org/locations/middletown</a>

Serves: Adults

Services: Recovery support

Location: Rushford Campus - 1250 Silver Street in Middletown; In-person

only (Virtual / Hybrid options not currently offered)

TriCircle, Inc.

Address: 169 Colony St., 2nd Floor Room 28, Meriden, CT 06450

Phone #: 860-349-7074

Email: info@tricircleinc.com

Web Address: <a href="mailto:tricircle.org">tricircle.org</a>
Serves: Individuals +18

Services: Outpatient Clinical Services, Support Groups

Meeting Info: Information and calendar is located on TriCircle's website. Please

email ana@tricircle.org to receive a Zoom link.

• Hope & Support: for those with loved one's struggling with

substance use and addiction

Every Thursday on a rotating schedule

Hope After Loss: for those who have lost a loved one through

substance use

Every Monday on a rotating schedule

**Victory Church** 

Address: 191 Meriden Rd. Middlefield, CT 06455

Phone #: 860-346-6771

Email: info@ourvictory.org

Web Address: ourvictory.org

Serves: Children, Adolescents & Adults

Services: Support Groups

Meeting Info: Celebrate Recovery Support Group, Wednesdays at 6:30pm

at Victory Church

#### **White Bison**

Web Address: <u>whitebison.com</u>

Meeting Info: Recovery resources and online support groups for people who

are indigenous

# **Women For Sobriety**

Web Address: <u>womenforsobriety.org</u>

Meeting Info: In-person and online meetings for women

# **Yoga 12-Step Recovery**

Web Address: <u>y12sr.com</u>

Meeting Info: Online meetings that combine 12-step meeting structure with

Yoga

# **Harm Reduction**

## **Alliance for Living Program**

Address: 154 Broad St. New London, CT 06320

Hours: M-F 8:30am-4:30pm

Phone #: 860-447-0884

Email: info@allianceforliving.org

Web Address: allianceforliving.org

Serves: Adolescents, Adults & Older Adults

Services: Support Groups, Harm Reduction, Housing, Resources for Family,

Caregivers & Loved Ones

#### **CT Harm Reduction Alliance**

Address: 28 Grand St. Hartford, CT 06106

Hours: M-F 9am-5pm Phone: 860-263-8720

Web Address: <u>ct-hra.org</u>

Locations: Hartford & New Haven. Mobile Outreach in Hartford, New

Haven, Bristol, Middletown, Torrington, Manchester,

Waterbury, River Valley (Durham, East Hamptom, Chester)

Serves: Adults & Older Adults

Services: Harm Reduction, Narcan, Narcan Training, Transportation

Harm Reduction Van: Syringe Exchange, Fentanyl Test Kits, Narcan

 Middletown: Across the street from St. Vincent De Paul, Tuesday 11:30am-11:45am

 Durham: 30 Town House Rd. (in front of town hall), Tuesday 12pm-2pm

• East Hampton: 254 W High St. Commuter Lot, Thursday

10am-12pm

• Chester: 21 Hoopole Hill Rd. Commuter Lot, Thursday

12:30pm-1:45pm

#### Middletown Harm Reduction Initiative

Hours: Saturday, 11:30am-1:30pm Email: board@middletownhri.org

Web Address: middletownhri.org
Serves: Adults & Older Adults

Services: Harm Reduction, Narcan Training

Location: Outside St. Vincent De Paul Soup Kitchen or inside

Weitzman Institute, weather depending

#### Rushford MISA (Mental Illness & Substance Abuse) Harm Reduction Group

Hours: Every Thursday 3:00pm – 4:00pm (holiday and inclement weather

adjustments will be communicated as needed)

To Get Started: Schedule an intake by contacting any of the individuals below

Email & Phone: Thomas Nicholson, <a href="mailto:thomas.nicholson@hhchealth.org">thomas.nicholson@hhchealth.org</a>,

860-936-0155; Lynn Camire Ruutel; <a href="mailto:carolyn.camire@hhchealth.org">carolyn.camire@hhchealth.org</a>;

860-852-1066; Todd Colonghi, todd.colonghi@hhchealth.org,

860-696-6746

Web Address: <a href="https://rushford.org/locations/middletown">https://rushford.org/locations/middletown</a>

Serves: Adults

Services: Harm Reduction support

Location: Rushford Campus - 1250 Silver Street in Middletown; In-person

only (Virtual / Hybrid options not currently offered)

#### The Village For Families & Children

Hours: Wednesdays, 11:00am-2:00pm

Phone: 860-236-4511

Web Address: <a href="https://thevillage.org/">https://thevillage.org/</a>
Serves: Adults & Older Adults

Services: Village Expanded Recovery Van (VERV)

Location: Driveway next to St. Vincent de Paul Middletown, 617

Main Street, Middletown CT

# **Naloxone (Narcan) & Training**

#### Middletown Pharmacies that carry Naloxone:

It is recommended to call ahead of time to ensure that there is stock available.

- Hancock Pharmacy, 664 Main St.
- CVS #2896, 675 Washington St.
- Walgreens #02858, 633 Washington St.
- Genoa Healthcare, 230 Main St. Ext., Suite A
- CVS #364, 308 Main St. Ext.
- Walgreens #12338, 311 East Main St.
- Stop & Shop Pharmacy, 1385 Hancock St.

#### Alliance for Prevention & Wellness; BHCare

Address: 127 Washington Ave., 3rd FI East Side, New Haven, CT

06473

Hours: M-F 9am-5pm Phone #: 203-736-8566 Web Address: apw-ct.org

Locations: Derby, Ansonia (3), New Haven, North Haven, Branford (2),

Derby

Serves: Children, Adolescents, Adults & Older Adults

Services: Outpatient, MAT, Support Groups, Narcan & Training,

Housing, Resources for Family, Caregivers & Loved Ones

#### **APT New Haven**

Address: 1 Long Wharf Dr. New Haven, CT 06511

Hours: M-F 5:30am-4pm Phone #: 203-781-4600 Web Address: aptfoundation.org

Locations: New Haven, West Haven, North Haven

Serves: Adults

Services: Inpatient/Residential, Outpatient, MAT, Support Groups, Narcan &

Training, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone, Naltrexone

#### **CT Harm Reduction Alliance**

Address: 28 Grand St. Hartford, CT 06106

Hours: M-F 9am-5pm Phone #: 860-263-8720

Web Address: <u>ct-hra.org</u>

Locations: Hartford & New Haven. Mobile Outreach in Hartford, New

Haven, Bristol, Middletown, Torrington, Manchester,

Waterbury, River Valley (Durham, East Hampton, Chester)

Serves: Adults & Older Adults

Services: Harm Reduction, Narcan, Narcan Training, Transportation

Harm Reduction Van: Syringe Exchange, Fentanyl Test Kits, Narcan

 Middletown: Across the street from St. Vincent De Paul, Tuesday 11:30am-11:45am

 Durham: 30 Town House Rd. (in front of town hall), Tuesday 12pm-2pm

 East Hampton: 254 W High St. Commuter Lot, Thursday 10am-12pm

 Chester: 21 Hoopole Hill Rd. Commuter Lot, Thursday 12:30pm-1:45pm

## **Connecticut Valley Hospital (DHMAS)**

Address: 100 Silver St. Middletown, CT 06457

Phone #: 800-828-3398

Web Address: portal.ct.gov/DMHAS/CVH/Agency-Files/CVH---Home-Page

Locations: Middletown, Hartford

Serves: Adults

Services: Withdrawal Management, Inpatient/Residential, MAT, Narcan

& Training, Resources for Family, Caregivers, and Loved Ones

MAT: Methadone, Suboxone, Naltrexone

# **Gilead Community Services, Inc. (absorbed Farrell Treatment Center)**

Address: 222 Main St. Ext., P.O. Box 1000, Middletown, CT 06457

Hours: 24/7

Phone #: 860-343-5300

Email: gileadcs@gileadcs.org

Web Address: <u>gileadcs.org</u>

Locations: Middletown, New Britain, Portland, Cromwell, Chester,

Colchester, Old Saybrook

Serves: Adults & Older Adults

Services: Inpatient/Residential Treatment, Outpatient, Support Groups,

Narcan, Sober Housing, Resources for Family, Caregivers & Loved

Ones

#### Middletown Harm Reduction Initiative

Email: board@middletownhri.org

Web Address: middletownhri.org
Serves: Adults & Older Adults

Services: Harm Reduction, Narcan Training

Location: Outside St. Vincent De Paul Soup Kitchen or inside

Weitzman Institute, weather depending, Saturday 11:30-1:30pm

#### **Root Center for Advanced Recovery**

Address: 520 Saybrook Rd., Unit 105, Middletown, CT 06457

Hours: M-F 8am-4pm Phone #: 860-740-8132 Web Address: rootcenter.org

Locations: Bristol, Hartford (3), Manchester, Middletown (Methadone

Clinic anticipated 2024), New Britain, New London, Norwich,

Torrington, Willimantic

Serves: Adolescents (16+) & Adults

Services: Withdrawal Management, Outpatient, MAT, Narcan,

Resources for Family, Caregivers & Loved Ones

Other Services: TMS Therapy, School-based Services

MAT: Suboxone, Naltrexone, Spravato

#### Rushford

Address: 1250 Silver St. Middletown, CT 06457

Phone #: 877-577-3233
Web Address: rushford.org

Locations: Avon, Cheshire, Durham, Glastonbury, Meriden, Middletown,

Portland (Stonehaven)

Serves: Adolescents & Adults

Services: Withdrawal Management, Inpatient/Residential, Outpatient,

MAT, Narcan & Training, Resources for Family, Caregivers &

**Loved Ones** 

MAT: Suboxone, Naltrexone

#### T.H.E Movement CT

Email: themovement1@gmail.com

Web Address: themovementct.org

Serves: Adults

Services: Narcan & Training, Resources for Family, Caregivers & Loved

Ones

#### **Wesleyan University Davison Health Center**

Address: 372 High St. Middletown, CT 06457

Hours: M-Th 9am-6pm; F 9am-5pm; S (during academic year)

10am-2pm

Phone #: 860-685-2470

Web Address: wesleyan.edu/healthservices

Locations: Wesleyan University

Serves: Adolescents & Adults who are Wesleyan students

Services: Narcan Training (for students)

#### Wheeler Clinic

Address: 91 Northwest Dr. Plainville, CT 06062

Hours: Navigation Center, M-Th 8am-8pm; F 8am-6pm

Phone #: 888-793-3500

Email: info@wheelerclinic.org

Web Address: wheelerclinic.org

Locations: Hartford, New Britain, Bristol, Waterbury, Plainville

Serves: Children, Adolescents & Adults

Services: Outpatient, MAT, Support Groups, Narcan, Resources for Family,

Caregivers & Loved Ones

MAT: Suboxone, Naltrexone

# **Housing**

## **Alliance for Living Program**

Address: 154 Broad St. New London, CT 06320

Hours: M-F 8:30am-4:30pm

Phone #: 860-447-0884

Email: info@allianceforliving.org

Web Address: allianceforliving.org

Serves: Adolescents, Adults & Older Adults

Services: Support Groups, Harm Reduction, Housing, Resources for Family,

Caregivers & Loved Ones

### Alliance for Prevention & Wellness; BHCare

Address: 127 Washington Ave., 3rd FI East Side, New Haven, CT

06473

Hours: M-F 9am-5pm Phone #: 203-736-8566 Web Address: apw-ct.org

Locations: Derby, Ansonia (3), New Haven, North Haven, Branford (2),

Derby

Serves: Children, Adolescents, Adults & Older Adults

Services: Outpatient, MAT, Support Groups, Narcan & Training,

Housing, Resources for Family, Caregivers & Loved Ones

#### **Columbus House**

Address: 586 Ella T. Grasso Blvd. New Haven, CT 06519

Phone # 1: Main 203-401-440

Phone # 2: Middlesex County 203-401-4400 ext 607, 405, or 603

Web Address: columbushouse.org

Serves: Adolescents, Adults & Older Adults

Services: Housing, Transportation

#### The Connection, Inc.

Address: 100 Roscommon Dr., Suite 203, Middletown, CT 06457

Phone #: 855-435-7955

Email: info@theconnectioninc.org

Web Address: <u>theconnectioninc.org</u>

Locations: Middletown, New Haven, Norwich, Hartford

Serves: Adults

Services: Inpatient/Residential Treatment, Outpatient, MAT, Support Groups,

Sober Housing, Resources for Family, Caregivers & Loved Ones

## St. Vincent de Paul Middletown

Address: 617 Main St. Middletown, CT 06457

Phone #: 860-344-0097

Web Address: <u>svdmiddletown.org</u>

Serves: Adults

Services: Supportive Housing (must contact 211)

# **Transportation**

#### **Columbus House**

Address: 586 Ella T. Grasso Blvd. New Haven, CT 06519

Phone #1: Main 203-401-440

Phone #2: Middlesex County 203-401-4400 ext 607, 405, or 603

Web Address: <u>columbushouse.org</u>

Serves: Adolescents, Adults & Older Adults

Services: Housing, Transportation

#### **CT Harm Reduction Alliance**

Address: 28 Grand St. Hartford, CT 06106

Hours: M-F 9am-5pm Phone: 860-263-8720

Web AddressL <u>ct-hra.org</u>

Locations: Hartford & New Haven. Mobile Outreach in Hartford, New

Haven, Bristol, Middletown, Torrington, Manchester, Waterbury,

River Valley (Durham, East Hamptom, Chester)

Serves: Adults & Older Adults

Services: Harm Reduction, Narcan, Narcan Training, Transportation

Veyo

Phone #: 855-478-7350

Web Address: ct.ridewithveyo.com

Serves: Children, Adolescents, Adults & Older Adults with Husky

Medicaid

Services: Transportation

# **Resources for Family, Caregivers & Loved Ones**

#### Alliance for Prevention & Wellness; BHCare

Address: 127 Washington Ave., 3rd FI East Side, New Haven, CT

06473

Hours: M-F 9am-5pm Phone #: 203-736-8566 Web Address: apw-ct.org

Locations: Derby, Ansonia (3), New Haven, North Haven, Branford (2),

Derby

Serves: Children, Adolescents, Adults & Older Adults

Services: Outpatient, MAT, Support Groups, Narcan & Training,

Housing, Resources for Family, Caregivers & Loved Ones

#### **APT New Haven**

Address: 1 Long Wharf Dr. New Haven, CT 06511

Hours: M-F 5:30am-4pm
Phone #: 203-781-4600
Web Address: aptfoundation.org

Locations: New Haven, West Haven, North Haven

Serves: Adults

Services: Inpatient/Residential, Outpatient, MAT, Support Groups, Narcan &

Training, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone, Naltrexone

#### **Connecticut Community for Addiction Recovery: CCAR**

Address: 75 Charter Oak Ave., Bldg 1, Suite 305, Hartford, CT 06106

Hours: M-F 10am-3pm Phone #: 866-205-9770

Web Address: ccar.us

Locations: Bridgeport, Hartford, Windham, New Haven & Waterbury

Serves: Children, Adolescents, Adults & Older Adults

Services: Recovery Coach / Peer Support, Support Groups, Family

Resources

# **Connecticut Valley Hospital (DHMAS)**

Address: 100 Silver St. Middletown, CT 06457

Phone #: 800-828-3398

Web Address: portal.ct.gov/DMHAS/CVH/Agency-Files/CVH---Home-Page

Locations: Middletown, Hartford

Serves: Adults

Services: Withdrawal Management, Inpatient/Residential, MAT, Narcan

& Training, Resources for Family, Caregivers, and Loved

Ones

MAT: Methadone, Suboxone, Naltrexone

The Connection, Inc.

Address: 100 Roscommon Dr., Suite 203, Middletown, CT 06457

Phone #: 855-435-7955

Email: info@theconnectioninc.org

Web Address: <u>theconnectioninc.org</u>

Locations: Middletown, New Haven, Norwich, Hartford

Serves: Adults

Services: Inpatient/Residential Treatment, Outpatient, MAT, Support

Groups, Sober Housing, Resources for Family, Caregivers &

**Loved Ones** 

Gilead Community Services, Inc. (absorbed Farrell Treatment Center)

Address: 222 Main St. Ext., P.O. Box 1000, Middletown, CT 06457

Hours: 24/7

Phone #: 860-343-5300

Email: gileadcs@gileadcs.org

Web Address: gileadcs.org

Locations: Middletown, New Britain, Portland, Cromwell, Chester,

Colchester, Old Saybrook

Serves: Adults & Older Adults

Services: Inpatient/Residential Treatment, Outpatient, Support Groups,

Narcan, Sober Housing, Resources for Family, Caregivers &

Loved Ones

**Health Care Resource Center** 

Address: 55 Fishfry St. Hartford, CT 06120

Hours: M-F 6:30am-12:30pm

Phone #: 860-247-8300 Web Address: hcrcenters.com

Locations: Hartford, MA, ME, NH

Serves: Adults

Services: Outpatient, MAT, Resources for Family, Caregivers & Loved Ones

MAT: Methadone, Suboxone

# Middlesex Health & The Beit Paley Center for Mental Health Services at Middlesex Health

Address: Middlesex Hospital Emergency Department, 28 Crescent St.,

Middletown, CT 06457

Address: Crescent Center for Mental Health Services, 1 MacDonough

Place, Middletown, CT 06457

Phone #: 860-358-8760

Web Address: middlesexhealth.org

Serves: Adults & Older Adults / ED also serves Children and Adolescents Services: Withdrawal Management, Inpatient, Outpatient, MAT, Support

Groups, Resources for Family, Caregivers & Loved Ones

#### Ministerial Health Fellowship-How Can We Help?

Hours: M-F 9am-5pm

Phone #: Executive Director, 860-817-3330

Recovery Coach, 203-443-9959

Email: Executive Director, <a href="mailto:revrmanderson@gmail.com">revrmanderson@gmail.com</a>

Recovery Coach, rrossmhf@gmail.com

Web Address: mhfct.org

Serves: Adults & Older Adults

Services: Recovery Coach / Peer Support, Support Groups, Family

Resources

#### River Valley Services, DMHAS CT

Address: 351 Silver St. Middletown, CT 06457 (Leak Hall)

Hours: 24/7

Phone #: 860-262-5200

Hotline: Middlesex County Mental Health Crisis Hotline 860-344-2100 Web Address: portal.ct.gov/DMHAS/RVS/Agency-Files/RVS---Homepage

Locations: Middletown & Old Saybrook

Serves: Adults

Services: Outpatient, MAT, Resources for Family, Caregivers & Loved

Ones

MAT: Suboxone, Naltrexone

#### **Root Center for Advanced Recovery**

Address: 520 Saybrook Rd., Unit 105, Middletown, CT 06457

Hours: M-F 8am-4pm Phone #: 860-740-8132 Web Address: rootcenter.org Locations: Bristol, Hartford (3), Manchester, Middletown (Methadone

Clinic anticipated 2024), New Britain, New London, Norwich,

Torrington, Willimantic

Serves: Adolescents (16+) & Adults

Services: Withdrawal Management, Outpatient, MAT, Narcan,

Resources for Family, Caregivers & Loved Ones

Other Services: TMS Therapy, School-based Services

MAT: Suboxone, Naltrexone, Spravato

Rushford

Address: 1250 Silver St. Middletown, CT 06457

Phone #: 877-577-3233
Web Address: rushford.org

Locations: Avon, Cheshire, Durham, Glastonbury, Meriden, Middletown,

Portland (Stonehaven)

Serves: Adolescents & Adults

Services: Withdrawal Management, Inpatient/Residential, Outpatient,

MAT, Narcan & Training, Resources for Family, Caregivers & Loved

Ones

MAT: Suboxone, Naltrexone

St. Vincent de Paul Middletown

Soup Kitchen, 617 Main St. Middletown, CT 06457

Breakfast M-S 8:30am-10:30am Lunch M-S 11:30am-1:30pm

860-344-0097 x115

Amazing Grace Food Pantry, 16 Stack St. Middletown, CT 06457

M, W, F 12pm-4pm 860-347-3222 ext. 200

Web Address: sydmiddletown.org

Location: Middletown Serves: Adults

Services: Housing (must contact 2-1-1), Resources for Family,

Caregivers & Loved Ones

T.H.E Movement CT

Email: themovement1@gmail.com

Web Address: <u>themovementct.org</u>

Serves: Adults

Services: Narcan & Training, Resources for Family, Caregivers & Loved Ones

#### **Wheeler Clinic**

Address: 91 Northwest Dr. Plainville, CT 06062

Hours: Navigation Center, M-Th 8am-8pm; F 8am-6pm

Phone #: 888-793-3500

Email: info@wheelerclinic.org

Web Address: wheelerclinic.org

Locations: Hartford, New Britain, Bristol, Waterbury, Plainville

Serves: Children, Adolescents & Adults

Services: Outpatient, MAT, Support Groups, Narcan, Resources for Family,

Caregivers & Loved Ones

MAT: Suboxone, Naltrexone

# **Health Departments & Districts**

#### **Chatham Health District**

Address: 240 Middletown Ave., Unit 123, East Hampton, CT 06424 Hours: MWTh 8:30am-4:30pm; T 8:30am-6pm; F 8:30am-12pm

Phone #: 860-365-0884

Web Address: <u>chathamhealth.org</u>

Serves: Children, Adolescents, Adults & Older Adults

Locations: Colchester, East Hampton, East Haddam, Hebron,

Marlborough, Portland

#### **Connecticut River Area Health District**

Address: 455 Boston Post Rd., Suite 7 Old Saybrook, CT 06475 Hours: M-W 7:30am-4pm; Th 7am-4:30pm; F 7:30am-12pm

Phone #: 860-661-3300 Web Address: crahd.info

Serves: Children, Adolescents, Adults & Older Adults

Locations: Clinton, Old Saybrook, Deep River, Haddam, Chester,

Killingworth

### **Cromwell Health Department**

Address: Cromwell Town Hall, 41 West St., 1st Floor, Cromwell, CT

06416

Hours: M-F 8:30am-4pm Phone: 860-632-3426

Web Address: cromwellct.com/health-department

Serves: Children, Adolescents, Adults & Older Adults

Location: Cromwell

#### **Durham Health Department**

Address: Durham Town Hall, 30 Town House Rd. Durham, CT 06422

Hours: M-F 7am-3pm Phone #: 860-349-8253

Web Address: townofdurhamct.org

Serves: Children, Adolescents, Adults & Older Adults

Location: Durham

## **Middletown Health Department**

Address: Middletown City Hall, 245 DeKoven Dr., Ground Floor,

Middletown, CT 06457

Hours: M-F 8:30am-4:30pm

Phone #: 860-638-4960

Web Address: <u>middletownct.gov/167/Health-Department</u>
Serves: <u>Children, Adolescents, Adults & Older Adults</u>

Location: Middletown

## **Plainville-Southington Regional Health District (Middlefield)**

Plainville: 1 Central Square Plainville, CT 06062

Phone #: 860-276-6275

Southington: 196 North Main St. Southington, CT 06489

Phone #: 860-793-3419

Hours: M-F 8:30am-4:30pm

Web Address: pshd.org

Serves: Children, Adolescents, Adults & Older Adults

Locations: Plainville, Southington, Middlefield

# **Education**

## **Durham Middlefield Local Wellness Coalition, A program of DMYFS**

Address: Durham Middlefield Youth & Family Services, 405 Main St.,

Suite 11, Middlefield, CT 06455

Phone #: 860-349-0258 Web AddressL dmlwc.org

#### **Greater Middletown Opioids Task Force**

Web Address: middletownct.gov

Location: Greater Middletown Area

#### Middlesex County Substance Abuse Action Council (MCSAAC)

Address: Middlesex County Chamber of Commerce, 393 Main St.

Middletown, CT 06457

Hours: M-F 8am-4pm Phone #: 860-347-6924

Email: info@middlesexchamber.com

Web Addresses: middlesexchamber.com, mcsaac.org

#### **Middletown Substance Abuse Prevention Council**

Address: 1250 Silver St. Middletown, CT 06457

Phone #: 860-852-1080

Web Address: middletownsubstanceabusepreventioncouncil.com

Serves: Children & Adolescents (6-12 grade)

# **Overdose Data**

Places where you can find information about overdose data in the Greater Middletown community, CT & USA.

#### CT DPH Opioid & Drug Overdose Statistics

View reports published by DPH based on data from state-wide overdose reporting.

#### CT SUDORS Dashboard

An interactive map of unintentional drug overdose deaths in CT from 2015-2022.

#### ConneCT Without Stigma

Data on opioid use and overdose in CT.

#### CDC Opioid Data Analysis & Resources

Provides national data on opioid use and overdose as well as resources.

# **Task Force Contacts**

For any questions related to this resource guide or the Greater Middletown Opioids Task Force, please contact the Task Force co-chairs:

## Rev. Robyn Anderson, MS, LPC, LMFT, LADC

Executive Director
Ministerial Health Fellowship
C/O Cross Street AME Zion Church
440 West St
Middletown, CT 06457

## Kevin Elak, MPH, RS/REHS, CP-FS

Director of Health City of Middletown Department of Health 245 deKoven Drive Middletown, CT 06457