



HERE,
TAKE
SOME
NARCAN!

THANKS,
BUT HOW
DO I USE
IT?

FREE NARCAN
TRAINING

HARM REDUCTION LANE

VOLUNTEER

MHRI

MIDDLETOWN
HARM REDUCTION
INITIATIVE

Narcan nasal spray is a safe and effective way to reverse an opioid overdose. The first step is to **identify the common signs of overdose in the person whom you're trying to help. Anyone can administer Narcan – you don't need to be a medical professional!**



SIGNS OF AN OVERDOSE

- **Unconscious, doesn't wake up when you shake them or call their name**
- **Small pupils**
- **Slow or no breathing**
- **Snoring sound**
- **Blue, grey, or pale skin color**

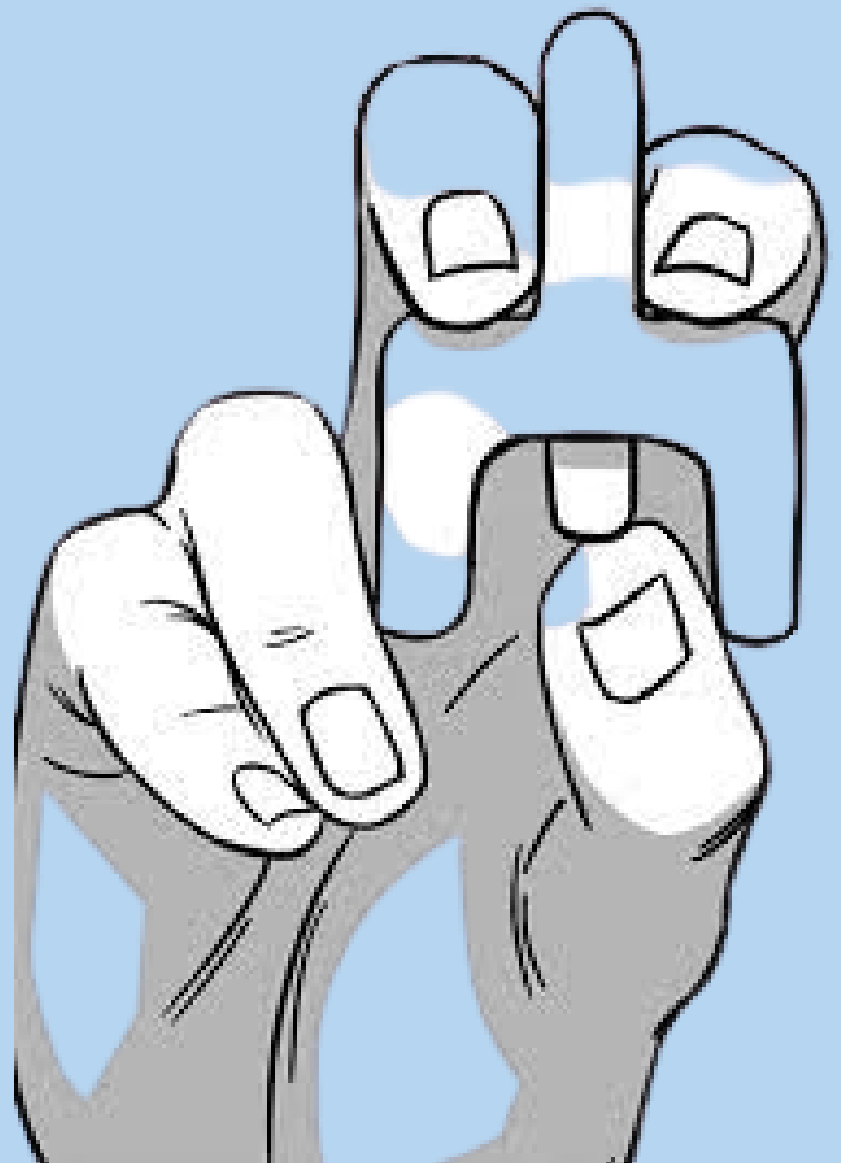
Once you've determined that the person is likely experiencing an overdose, **call 911 immediately**. Give them your **address**, and state that you think the person is **experiencing an opioid overdose**. While they're on the way, it's time for you to administer your unexpired Narcan.



Hi, I'm at 123 MHRI Street. I think my friend is experiencing an opioid overdose. I'll administer Narcan and wait with them until the ambulance arrives.



Now, **peel back the tab** to access the Narcan. **Insert the tip into either nostril** until your fingers are touching the person's nose. **Push the plunger** upwards with your thumb. One spray = the entire dose. Be sure to tilt back and **support their head** with your spare hand!



Wait and watch the person closely. If after **two minutes** they still **do not respond**, give **another dose of Narcan**, just as you did the first time.



Oh, I'm so glad you're awake! I think you just had an overdose. Help is on the way, and I won't leave your side until they arrive.



If there's still **no response**:

- If the person is **breathing**, turn them on **their side** with their hand supporting their head and their knee out to prevent rolling onto the stomach.
- If the person is **not breathing** and has no pulse, do **rescue breathing and CPR** (if you know how).



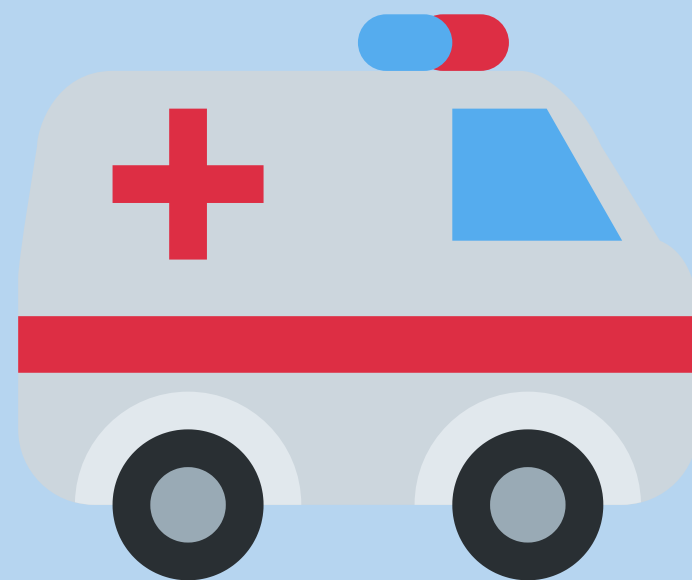
Narcan wears off after **30-90 minutes**, so its important that you **stay with them** until the ambulance arrives. Be sure to **tell the EMTs** that Narcan has been given.

I gave my friend two doses of Narcan about five minutes ago.

You just saved your friend's life. Good job. We'll take it from here.

VOLUNTEER

MHRI





HI, I
NEED
MORE
NARCAN!

SURE
THING!

FREE NARCAN
TRAINING

HARM REDUCTION LANE

VOLUNTEER

MHRI

MIDDLETOWN
HARM REDUCTION
INITIATIVE