



# Yoga Class

**NEXT SESSION 1**    **January 3 – February 7, 2017**  
**SESSION 2**        **February 14 – March 21, 2017**

**When : Tuesdays; 7:30-8:30pm**

**Where: In the ARCH ROOM of Town Hall :**

**(enter and exit through Town Hall not the Library please)**

**Supplies needed for course: yoga mat**

**Fee: \$55 per session payable to Cromwell Recreation**

**REGISTER BY RETURNING BOTTOM FORM TO  
RECREATION DEPARTMENT OFFICE, 41 WEST STREET, CROM-  
WELL CT 06416**

---

## YOGA REGISTRATION

NAME \_\_\_\_\_

HOME PHONE \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

EMERGENCY NUMBER \_\_\_\_\_

ANY MEDICAL INFORMATION WE SHOULD HAVE \_\_\_\_\_

---

I hereby give permission for the person named above to participate in the Recreation Dept. program named. I will hold harmless the Town of Cromwell, its officials, agents and employees for any financial liability or obligation which the named person personally incurs or injury or damages to the person or property of others which the named person causes or contributes to while participating. I understand that the named person are responsible for exercising caution and common sense at all times to avoid injury. I will carry health and life insurance to cover injury or illness during the program. I acknowledge I have read all the program description and materials and agree to abide by all rules and regulations.

Signature of Participant : \_\_\_\_\_

Office use: \_\_\_\_\_