



Summer Kids Karate Camp

Hosted by Champions Karate School, LLC and Cromwell Parks and Recreations

Session 1– July 13th-17th

Session 2– August 10th-14th

9:00am-1:00pm

Ages 6 and over



All levels of experience, Beginners to Advance are welcome

Each session includes a week of karate basics, katas, self-defense, sparring drills and introducing different types of weapons. Each day will have a theme, for example Minute to Win it, and Survivor. Friday will be fun and games and a short demonstration by the kids for the parents at 1:00pm. Depending on weather we may walk over to Pierson Park to practice karate and play games (wear sunscreen). Please bring a snack, a lunch and a bottle of water daily. Wear comfortable clothes, shorts, sweatpants, tshirts, socks and sneakers. Be prepared to have fun!!

Camp Location

Champions Karate School, LLC

319 Main Street

Cromwell CT 06416

www.championskarateschool.com

Camp Costs

Both Weeks– \$225.00

One Full Week- \$125.00

Pick a Day-\$35.00 a day

To register for karate camp contact Sifu Debbie Shekosky at (860)930-8418 or email championskarateschool@gmail.com. Due to limited space, preregistration is required.