The

Senior Scene

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TRANSP.: 860-632-3451 **CROMWELL SENIOR CENTER** **FAX: 860-632-3446**

August 2016

MISSION STATEMENT- "To provide programs & services that meet the variety of needs & preferences of the diverse group of senior residents within our community."

Wednesday, August 3rd—Bill's Seafood, Westbrook
Bus leaves the Senior Center at 11:00am. (CASH ONLY).

Thursday, August 4th—Christmas Tree Shops, Manchester
Bus leaves the Senior Center at 12:00pm.

Wednesday, August 10th—Penny Lane Pub and Mini Golf at Saybrook Point
Bus leaves the Senior Center at 11:00am. Enjoy lunch at an English style pub and then play mini golf (or sit and have ice cream) while taking in the views. $3 per round of mini golf for seniors.

Thursday, August 11th— Stonington Point (with the Old Lighthouse Museum) and lunch at the Dogwatch Café
Bus leaves the Senior Center at 9:30am. If you choose to visit the museum, admission is $9 per person.

Wednesday, August 17th—Submarine Force Museum and David's Place
Bus leaves the Senior Center at 10:30am. Admission to museum is free.

Thursday, August 18th—Breakwater Restaurant and A.C. Peterson at Hallmark
Bus leaves the Senior Center at 10:30am. Enjoy views of the Stonington Harbor while having lunch and then stop at the ice cream stand that has been voted for having the best milkshakes in CT.

Wednesday, August 24th—IKEA and Lenny and Joe's
Bus leaves the Senior Center at 10:30am.

Thursday, August 25th—CT Trolley Museum and Fire Museum and Cracker Barrel
Bus leaves the Senior Center at 10:00am. View the exhibits at the Trolley and Fire Museums. Entrance to Museums is $9.00 for seniors (62+). Trolley ride is included.

Wednesday, August 31st—Florence Griswold Museum and Morning Glory Cafe
Bus leaves the Senior Center at 10:30am. View The Artist's Garden: American Impressionism and the Garden Movement (1887-1920). Entrance to the Museum is $9.00 for seniors.

See inside newsletter for other outtrips. Trips are limited to Cromwell Residents.
Call 860-632-3447 to sign –up. Admissions, shopping and meals are pay on your own.

If you have any questions regarding items contained within this newsletter, please contact the Senior Services Department - (860) 632-3447 or visit us on the web: www.cromwellct.com, town departments, and click on 'Senior Center'.

Senior Center Membership

All Non-Cromwell Residents must pay an annual $25.00 membership fee per person to participate in programs that are open to area town residents.

All resident and non-resident members must have on file a Contact Info Form including a signed release. This is mandatory to start or continue to participate in all Senior Center programs. If you have not submitted the form to the Senior Center recently please do so as soon as possible. Participants also must check off their name on the sign in sheet for every program they attend. If your name does not appear on the sheet please write it on it legibly. Thank you for your cooperation.

HEALTH
WEEKLY PROGRAMS

Tuesdays - Health Clinic - 10:00—11:30

A **Masonicare** nurse is available to discuss any health concerns you may be experiencing as well as test your cholesterol, glucose, blood sugar, blood pressure, etc. No appointment needed.

HEALTH
MONTHLY PROGRAMS

2nd Tuesday - Foot Care Clinic—by Appointment

Registered Nurse Susan Zdeblick is available by appointment to provide affordable, high quality, routine foot care to Cromwell senior residents. Appointments are 30 minutes and payments can be made directly to Susan Zdeblick, RN, BSN, CFCN. Call 860-632-3447 to make an appointment. Fee is $30.00

1st Wednesday—Hearing Aid Checks—11:00-12:00

Richard Lastrina from **Beltone Hearing Care Center** is available for screening and cleaning of any make or model hearing aid at no charge. No appointment needed.

CELL PHONES OR EYEGLASS RECYCLE PROGRAM

We have a drop box for anyone interested in donating either old cell phones or eye glasses? Our Senior Center collects old inactive cell phones and recycles them for fundraising purposes and the Lion's Club has provided us with a box for their eyeglass program. Why not drop off your 'old' phones or eyeglasses to the senior center?

Need Help With Medicare?

If you are new to Medicare or have general questions about Parts A,B & D or supplements, please contact Senior Resources Agency on Aging @ 1-800-690-6998. They are a private, non-profit organization authorized by the Older Americans Act & State Statutes to assist residents with Medicare. They cover 56 towns in Connecticut.

The Senior Center is looking for Volunteers to become CHOICES Counselors to assist other seniors with Medicare. Please leave your name and phone number at the Senior Center if interested in getting more information.

If you have any suggestions for programs or any suggestions that will help us continue to serve Cromwell Senior and Disabled residents in the best way possible, please contact us by phone at 860-632-3447 or by e-mail at cjackson@cromwellct.com

SENIOR SERVICES COMMISSION

The Senior Services Commission serves as an advisory group to the Senior Center. The Commission provides input regarding programs and services. The Senior Commission does not meet in July or August. Check September's newsletter for next meeting date and time. The public is always welcome to attend and provide input and suggestions to the Commission.

Bookworms Book Club

The Bookworms Book Club meets on the 2nd Thursday of the month at 1:00pm. This month's discussion will be held on Thursday, August 11th in the Senior Center. The book to be discussed is "Plain Truth" by Jodi Picoult. New members are welcome to attend and join the discussion.

Senior Aerobics
Monday, Wednesday, & Fridays
10:30—11:30am
Town Hall Gym

Arthritis Exercise
Thursdays
2:00—3:00pm
Town Hall Gym

Quilting
Mondays
1:00—3:00pm
Senior Center

Art
Wednesdays
1:00-3:00pm
Senior Center

No Pre-registration required

Bridge
Thursday, 1:00-3:00pm
Room 222, Town Hall
New Members Welcome
Drop by and meet the group.

Mah Jongg
Monday, 1:00-3:00pm
Tuesday, 1:00-3:00pm
Friday, 1:00-3:00pm
New Members Welcome
Mah Jongg sets are provided.
Drop by and meet the group.

Set Back
Tuesday, 1:00-3:00pm
Thursday, 1:00-3:00pm
Senior Dining Room
New Members Welcome
We can notify you when we have enough players to start a new group.

Wii Bowling

Drop in and join the Wii Bowling Team on Wednesday mornings at 10:00am in the Senior Center.
Any questions call 860-632-3447
No prior experience necessary.

Tai Chi
Wednesdays
Beginner—10:30-11:30am
Fridays
Intermediate—9:00-10:00am
(No Classes on Aug 10th and 12th)

Yoga
Summer Break
Yoga will resume on Wednesday, August 31st.

As a reminder, please refrain from talking on your cell phone while participating in any senior center programs. Also, please keep all phones on silent or vibrate.

Health And Wellness For Seniors

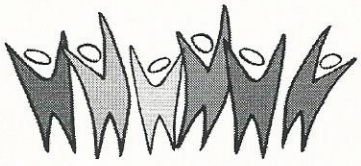
Cromwell Senior Center
Thursdays, 1:00pm
Starting July 21st and ending on August 25th

Instructor JoAnne Harrison-Becker, MS will be holding a six week series that focuses on:

- Coping With Change
- Sleep and Aging
- Stress Management
- Dealing with Worry and Anxiety
- Keeping Your Memory Sharp
- Simplifying Your Life
- Good Nutrition for Aging
- Balance and Falls Prevention
- The Power of Patience
- Choose to be Positive
- Mindfulness – Taking Time for What Matters

Health and Wellness

JoAnne Harrison-Becker is the CEO of Therapeutic Recreation Services. She is a sought after Therapeutic Recreation Consultant, Keynote Speaker and Author with over 30 years experience in the field of Therapeutic Recreation.



Call 860-632-3447 to sign-up

Join us for our Monthly Birthday Celebration!

Wednesday, August 17th
at 1:00pm.
Refreshments provided.
All are Welcome!

August Birthdays

August 2 - Jane Johnson
August 3 - Rosemary Matus
August 5 - Doris Bongiorno
August 9 - Jackie Keithan
August 10 - Dorothy Sypher
August 15 - Joanne Thompson
August16 - Rolande Beaulieu
August 18 - Donna Cotharin
August 20 - Loris Balkun
August 20 - Janet Hangland
August 23 - Marie Carvalho
August 25 - Ethel Sarfati
August 26 - Carol Migliozzi
August 26 - Bill Miller
August 26 - Christine Serraro
August 31 - Nancy Dagle
August 31 - Lily Hill

Register your Birthday now to be included in the monthly Birthday Celebration!
860-632-3447

Theater Group

The Cromwell Senior Center

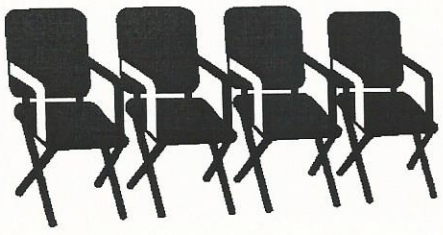
Theater Group will be attending the October 19th Matinee production of "Meteor Shower" at the Long Wharf Theatre in New Haven. If you would like to join them please call the Senior Center at 860-632-3447 to check if there is room on the bus, and then call the box office at Long Wharf Theatre to purchase your tickets. Bus will leave the Senior Center at 11:00am so there's time for lunch first at a nearby restaurant. Tickets will be on sale by Mid-August.

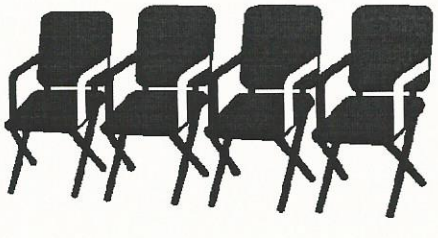
This world premiere production tells the story of Corky and Norm who are excited to host Gerald and Laura at their home in the valley outside Los Angeles to watch a once-in-a-lifetime meteor shower. But as the stars come out and the conversation gets rolling, it becomes clear that Gerald and Laura might not be all that they appear to be. Over the course of a crazy, starlit dinner party, the wildly unexpected occurs. The couples begin to flirt and insanity reigns. Martin, using his trademark absurdist humor, bends the fluid nature of time and reality to create a surprising and unforgettably funny new play.

The next Theater Group Meeting will be

Tuesday, September 13th at 10:30am in the Senior Center

The Theater Group will meet to discuss options for the next play, musical event or art cinema movie for the group to attend. All arrangements must be made and tickets must be purchased by group members before each outtrip. If you would like to join, please bring event options to the September 13th meeting for the group to consider.



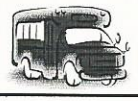


SENIOR CENTER BUS TRIPS AUGUST 2016

Please note that all trips may have a required minimum and also may be dependent on driver availability. Times listed are the time the bus leaves the senior center. If you are being picked up at home, please be ready for pickup at least 45 minutes prior to listed departure time; if you are departing from the senior center, please be present at least 15 minutes prior to listed departure time. All non-charter bus trips are for Cromwell Senior or Disabled Residents only.

DATE	LOCATION	DEPART TIME
8/3/16	Bill's Seafood	11:00am
8/4/16	Christmas Tree Shop, Manchester	12:00pm
8/10/16	Penny Lane Pub and Mini Golf at Saybrook Point	11:00am
8/11/16	Stonington Point (with Old Lighthouse Museum) and Dogwatch Café	9:30am
8/17/16	Submarine Force Museum and David's Place	10:30am
8/18/16	Breakwater Restaurant and A.C. Peterson at Hallmark	10:30am
8/24/16	IKEA and Lenny and Joe's	10:30am
8/25/16	CT Trolley and Fire Museums and Cracker Barrel	10:00am
8/31/16	Florence Griswold Museum and Morning Glory Café	10:30am

Start signing up for Cromwell Senior Center Weekly outtrips on Wednesday, July 27, 2016

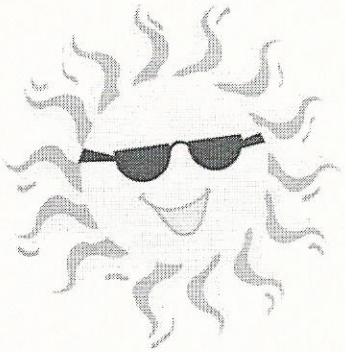


Mon. & Fri. Morning Shopping Route Schedule

Pick-ups from home start at 8:45am. Choice of return trips from stores are 10:30am or 11:30am. If you want to make quick stops at both Kmart Plaza and Stop & Shop, you must go to Kmart Plaza first. Monday's shopping route includes a stop at Westside Market. Friday's shopping route includes a stop at Big Y.

Getaway Tours Chartered Trips
2016 TRAVEL/TOUR DESTINATIONS

DATE	DESTINATION
August 4, 2016	Saratoga
August 10-12, 2016	Lake George & Saratoga
August 16, 2016	Ct. Lighthouse Tour
August 25, 2016	Log Cabin Lobsterfeast & Patsy Cline Tribute
Sept. 7, 2016	9/11 Memorial and Museum
Sept. 14, 2016	A Taste of Providence
Sept. 21, 2016	The Big E
Sept. 30, 2016	Essex Steam Train & Riverboat
October 5, 2016	Foxwoods Casino "My Mother's Italian, My Father's Jewish & I'm in Therapy"
Oct. 13, 2016	Newport Playhouse "Last of The Red Hot Lovers"
Oct. 19-21, 2016	Autumn in Lancaster
Oct. 20. 2016	Oktoberfest at Hunt's Landing
Oct. 28, 2016	Germanfest @ The Williams Inn
Nov. 10, 2016	Westchester Theatre "Saturday Night Fever"
November 13-15, 2016	Atlantic City, NJ
Nov. 18, 2016	Radio City Christmas Spectacular
Dec. 1, 2016	Boars Head Feast @ The Williams Inn
Dec. 8, 2016	Barbra & Frank Holiday Show @ Foxwoods
Dec. 15, 2016	Christmas in Newport



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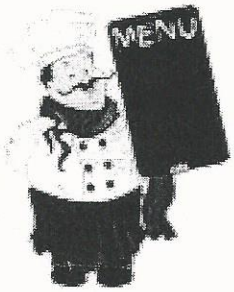
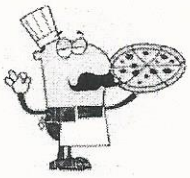


A TASTE OF PROVIDENCE!

CROMWELL SENIOR CENTER
SEPTEMBER 14, 2016
No Minimum Tour

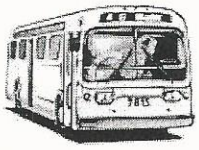
Today we will travel to Providence, Rhode Island, the Capitol and most populous city in the state. Founded in 1636, it is one of the oldest cities in the U.S. We will discover why Providence's Federal Hill neighborhood has been hailed as "One of the Five Best Little Italys in the U.S." by celebrity Chef Mario Batali.

Our first stop will be Scialo Brothers Italian Bakery. We'll take a mini-tour of the bakery as the smell of fresh-baked bread wafts through the air. After the tour, we'll select a piece of pastry to enjoy with a nice hot cup of coffee or tea.



Next stop is Trattoria Zooma, an upscale Italian kitchen featuring house made pasta, wood-fired pizzas and other Mediterranean delicacies. Lunch will be served family style and includes Caesar Salad, Assorted Classic Neapolitan Pizzas, Pan Fried Calamari with Roasted Garlic and Tomatoes, Fried Eggplant, Penne Pasta with Signature Neapolitan Sauce, Chicken with Marsala Wine and Mushroom Reduction, and Netellino & Gelato for dessert.

After lunch, our Professional Providence Tour Guide will board our bus for a 90 minute tour of Little Italy, Federal Hill, the historic East Side, Downtown and more. The guide will provide an overview of the history of Providence, as well as providing information about the city's outstanding architecture of the 18th and 19th century.



COST: $99.00 Per Person

INCLUDES: *Transportation
*Bakery Tour
*Luncheon at Trattoria Zooma
*Tour of Providence
*Driver's Gratuity

ITINERARY SUBJECT TO CHANGE AND AVAILABILITY

"Celebrating Our 31st Year in 2016"

NTA™ National Tour Association

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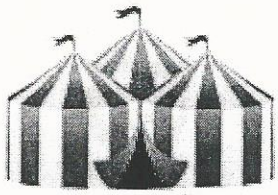
The BIG E Fair

CONNECTICUT DAY

CROMWELL SENIOR CENTER
SEPTEMBER 21, 2016
NO MINIMUM TOUR

The Big E, "New England's Great State Fair," is the premier event each Fall with nearly one million guests passing through the gates every September. Located in West Springfield, Mass., it is ranked among the top fairs in the country. The Big E encompasses a wide variety of events including:

- Entertainment (top name stars, a circus, an auto thrill show, and more)
- The Storrowton Village Museum
- A consumer's paradise of shopping and browsing
- The Avenue of States
- Agricultural and livestock events
- The Magic Midway (over 50 rides and attractions)
- The Eastern States Exposition Horse Show
- Food for all tastes



...and much more!

There's something for everyone here at The Big E!

COST: $51.00 Per Person

INCLUDES: *Transportation
*Admission to the "Big E"
*Driver's Gratuity

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"Celebrating Our 31st Year in 2016"

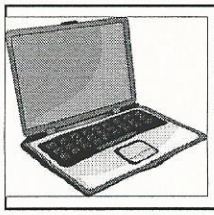
NTA™ National Tour Association

Transportation Services General Rules & Policies

Transportation requests are taken on a first come first served basis.
Transportation for medical appointments may be requested up to six weeks before the appointment.
Transportation for Senior Center Programs can be made no more that a week ahead.
Transportation for errands and beauty appointment can be made no more that a week ahead.
The date you can start signing up for Outtrips is posted in the monthly Senior Scene.
Riders must be ready for pick-up at least 30-45 minutes ahead of scheduled pick-up time.
Transportation is done as a curb-to-curb service.
Drivers will drop off riders as close to their destination as safely possible.
Please wait for return ride at the same place as you were dropped off.
Drivers will not be able to search for riders.
For medical appointments, please call the number given to you by the driver for return ride.
There is a limit of 4 bags per person per shopping trip.
Due to limited seating, all purchases should fit on your lap.
All passengers are required to use seat belts.
Cromwell Senior Center Transportation service is a free service.
Call 860-632-3447 between 8:30am—4:00pm, Monday through Friday to make reservations.
Leave voice mail if necessary. Phones are monitored regularly.
Complete transportation and program policies are available in the Senior Guide available at the Senior Center or online on the Senior Center web page at cromwellct.com

If any Outtrip trip is listed with more than one destination, the following rule applies;
If listed with an "or" you must choose between the destinations.
If listed with an "and" you must disembark from the bus at all destinations.

Please be aware that if you wish to make a donation specifically to the Transportation Donation Account or the Building Reserve Fund, you need to specify this upon making your donation. Otherwise, all donations received are deposited into the Senior Center General Donation Account.



Do you need help using your laptop computer?
Computer expert, Christa Dixon, is available for one-on-one appointments with Seniors to help. Call Cathi at 860-632-3447 to have your name and phone forwarded to Christa and she will contact you to set up a mutually convenient time or place to meet.

Cromwell Senior Center

August, 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Billiards AM Shopping 9:00 Exercise (gym) 10:30 Quilting 1:00 Mah Jongg (Rm222) 1:00	2 Billiards AM Health Clinic 10:00-11:30 Cards 1:00 Bingo 1:00 Mah Jongg (Rm 222) 1:00	3 Billiards/Wii AM Exercise (gym) 10:30 Tai Chi (Arch Room)10:30 Hearing Aid Check 11:00 **Bills' Seafood 11:00** Art Class 1:00	4 Golf League AM Billiards AM **Christmas Tree Shops 12:00** Bingo 10:30 Cards 1:00 Bridge (Rm 222) 1:00 Arthritis Exercise 2:00	5 Billiards AM Shopping 9:00 Tai Chi (Arch Room) 9:00 Exercise (gym) 10:30 MahJongg (Rm 222) 1:00 Movie 1:00 "Peanuts Movie"	6
7	8 Billiards AM Shopping 9:00 Exercise (gym) 10:30 Quilting 1:00 Mah Jongg (Rm222) 1:00	9 Billiards AM **Foot Care Clinic (Appt.Req)** Health Clinic 10:00-11:30 Cards 1:00 Bingo 1:00 **(Refreshments from Apple)** Mah Jongg (Rm 222) 1:00	10 Billiards/Wii AM Exercise (gym) 10:30 **Penny Lane Pub and Mini Golf 11:00** Art Class 1:00	11 Golf League AM Billiards AM **Stonington Point 9:30** Bingo 10:30 Cards 1:00 Bridge (Rm 222) 1:00 Bookworms) 1:00 Arthritis Exercise 2:00	12 Billiards AM Shopping 9:00 Exercise (gym) 10:30 MahJongg (Rm 222) 1:00 Movie 1:00 "Joy"	13
14	15 Billiards AM Shopping 9:00 Exercise (gym) 10:30 Quilting 1:00 Mah Jongg (Rm222) 1:00	16 Billiards AM Craft class 10:00 Cards / Bingo 1:00 Mah Jongg (Rm 222) 1:00	17 Billiards/Wii AM **Submarine Force Museum 10:30** Exercise (gym) 10:30 Tai Chi (Arch Room)10:30 Art Class 1:00	18 Golf League AM Billiards AM **Breakwater Restaurant 10:30** Bingo 10:30 Cards 1:00 Bridge (Rm 222) 1:00 Arthritis Exercise 2:00	19 Billiards AM Shopping 9:00 Tai Chi (Arch Room) 9:00 Exercise (gym) 10:30 MahJongg (Rm 222) 1:00 Movie 1:00 "Daddy's Home"	20
21	22 Billiards AM Shopping 9:00 Exercise (gym) 10:30 Quilting 1:00 Mah Jongg (Rm222) 1:00	23 Billiards AM Health Clinic 10:00-11:30 Cards / Bingo 1:00 Mah Jongg (Rm 222) 1:00	24 Billiards/Wii AM **IKEA and Lenny and Joe's 10:30** Exercise (gym) 10:30 Tai Chi (Arch Room)10:30 Art Class 1:00	25 Golf League AM Billiards AM **CT Trolley and Fire Museums and Cracker Barrel 10:00** Bingo 10:30 Cards 1:00 Bridge (Rm 222) 1:00 Arthritis Exercise 2:00	26 Billiards AM Shopping 9:00 Tai Chi (Arch Room) 9:00 Exercise (gym) 10:30 MahJongg (Rm 222) 1:00 Movie 1:00 "Jane Got A Gun"	27
28	29 Billiards AM Shopping 9:00 Exercise (gym) 10:30 Quilting 1:00 Mah Jongg (Rm222) 1:00	30 Billiards AM Health Clinic 10:00-11:30 Cards / Bingo 1:00 Mah Jongg (Rm 222) 1:00	31 Billiards/Wii AM Yoga (Arch Room) 9:00 **Florence Griswold 10:00** Exercise (gym) 10:30 Tai Chi (Arch Room)10:30 Art Class 1:00			

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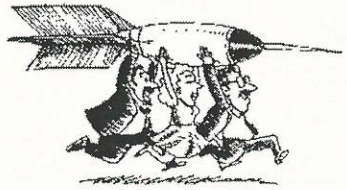

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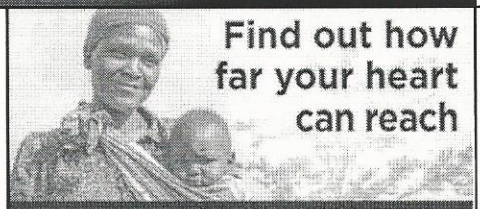
or jpbarnett@covenantretirement.org
www.covenantvillageofcromwell.org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MOVIES FOR THE MONTH

All movies are shown on Fridays @ 1:00pm. Refreshments are served.

August 5, 2016 **Peanuts Movie**

Join everyone's favorite eternal optimist, Charlie Brown, as he embarks on a heroic quest, while his beagle pal Snoopy takes to the skies to pursue his archnemesis, the Red Baron.

August 12, 2016 **Joy**

A wild story of a family across four generations, and centers on the girl who becomes the woman who founds a business dynasty and becomes a matriarch in her own rights. (Jennifer Lawrence, Robert DeNiro)

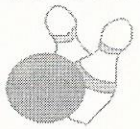
August 19, 2016 **Daddy's Home**

The ultimate face off in the ultimate Dad vs. Step-Dad showdown! (Will Farrell, Mark Wahlberg)

August 26, 2016 **Jane Got A Gun**

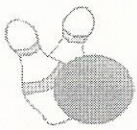
Jane has built a life on the rugged western plains with her husband and young daughter. When Jane's husband stumbles home riddled with bullets after a run-in with a gang and its relentless leader, she knows they will not stop until her family is dead. (Natalie Portman, Ewan McGregor, Joel Edgerton)

Duckpin Bowlers Needed!



Tuesday mornings at Highland Bowl in Cheshire starting in September.

Drop by the Senior Center on Tuesday, August 23, 2016 at 10:00am for the pre-season meeting or call the Senior Center at 860-632-3447 before meeting to sign-up.



Both individual players and teams needed.

Transportation is provided from the Senior Center to Highland Bowl on Tuesday mornings. Bus leaves at 8:30am.

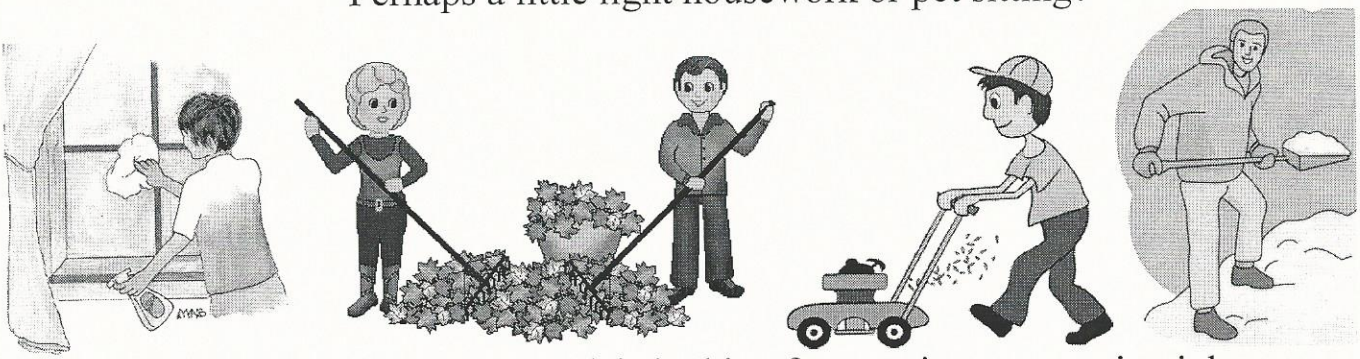
Smoking is prohibited within 50 feet of any Town Hall entrance. We appreciate your attention to this matter and ask for your full cooperation.

RENTAL REBATE

Human Services is now accepting Renter's Rebate applications.
Income limits are $35,200 for singles and $42,900 for married couples.
Please call Lisa Olson to make an appointment or for more information.
860-632-3449

Seniors, Are You Looking for Help with your Chores?

Are you looking for help with window washing, raking your leaves,
cleaning up flower beds, putting patio furniture away till next year?
Will you need someone for shoveling this winter?
Perhaps a little light housework or pet sitting?



'Hire Our Youth' (H.O.Y.) is looking for one time or ongoing jobs
for Cromwell Youths.
We will refer your name to the responsible youths looking for odd jobs.
Please stop by our office to fill out a form or call
anytime Monday through Friday 8:30 am to 4:00 pm 860-632-3448

The Town of Cromwell, it's officials and agents are acting just as a referral service and have not done a background check on any employers/employees and does not endorse any particular employers or volunteer employees. We advise both employers and employees to take time to check out the persons involved.

Cromwell Youth Services @ Town Hall, 41 West Street, Cromwell, CT 06416 ~ Attention: Ann Hale
(860) 632-3448 ~ ahale@cromwellct.com ~
THANK YOU!

CONCERT SERIES 2016

CONCERTS HELD IN PIERSON PARK UNLESS NOTED
IN THE EVENT OF INCLEMENT WEATHER CONCERTS HELD IN TOWN HALL GYM ON SAME DAY AND TIME

WED JUNE 29 7:00-9:00 IN PIERSON PARK
C.J. WEST AND THE DOWNTOWN TRAIN
Blend of county, rock, R & B

WED JULY 6 7:00-9:00 IN PIERSON PARK
MIDDLETOWN SYMPHONIC BAND

TUES JULY 13 7:00-9:00 IN PIERSON PARK
OUT OF THE BOXX
Blend of old school, new school, soul, R & B, easy rock

WED JULY 20 6:30pm IN PIERSON PARK
THE MAGIC OF RICHIE ROTHSTEIN

WED JULY 27 7:00-9:00pm PIERSON PARK
JOEY MILARDO AND THE MUSICAL CAVALIERS

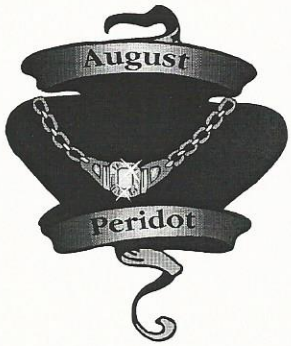
WED AUGUST 3 7:00-9:00pm IN PIERSON PARK
THE ACCOUNTING CROWS
Mainly 60's/70's music- Beatles, Stones, Monkees, Neil Young etc

WED AUGUST 10 7:00-9:00pm IN TOWN HALL GYM
SAM VINCI BAND

FOR MORE INFORMATION OR TO FIND OUT ABOUT LOCATION CONTACT CROMWELL RECREATION 860-632-3467

Cromwell Belden Public Library

39 West Street
Cromwell, CT 06416
860-632-3460
Home page: http://www.cromwellct.com/library.html



Adult Department Events
AUGUST 2016

SUMMER HOURS
(August 1 to Labor Day)

Monday thru Thursday	**10:00 a.m. - 8:00 p.m.**
Friday	**10:00 a.m. - 5:00 p.m.**
Saturday & Sunday	**Closed**

Wednesday	**August 3**	**2:00 P.M.**	**Travel Videos: Prague, Czech Republic and Poland**	**ARCH ROOM**
Wednesday	**August 10**	**2:00 P.M.**	**Travel Videos: West Virginia**	**ARCH ROOM**
Friday	**August 12**	**6:30 P.M.**	**Adult Knit Group** You're invited to join other fiber enthusiasts at the library. Please enter through the Town Hall entrance since the Library is closed Friday nights.	**ARCH ROOM**
Wednesday	**August 17**	**2:00 P.M.**	**Travel Videos: Iceland and Greenland**	**RCH ROOM**
Wednesday	**August 17**	**6:00 P.M.**	**Painting Night:** Awaken your "inner artist" in a workshop led by **Ali Lenihan and Katie Akin. Ages 12 to adult.** Registration requested 860-632-3460.	
Wednesday	**August 24**	**2:00 P.M.**	**Travel Videos: Vermont**	**ARCH ROOM**
Wednesday	**August 24**	**6:00 P.M.**	**Movie Night – *My Big Fat Greek Wedding 2*** A Portokalos family secret brings the beloved characters back together for an even bigger and Greeker wedding. Starring Nia Vardalos, John Corbett, Michael Constantine, Lainie Kazan. (1 hr, 34 min) PG-13	**ARCH ROOM**
Wednesday	**August 31**	**2:00 P.M.**	**Travel Videos: West Ireland and Northern Ireland**	**ARCH ROOM**

MEETINGS

Monday	**August 8**	**7:30 p.m.**	**LIBRARY COMMISSION**	**ARCH ROOM**
Thursday	**August 18**	**6:30 p.m.**	**FRIENDS OF THE LIBRARY**	**ARCH ROOM**

CLOSINGS

Monday September 5, 2016 – Labor Day

mango languages

Learning a new language with **Mango Languages** is free for all library patrons, and offers a fast and convenient solution for our community's increasing language-learning needs. Each lesson combines real life situations and audio from native speakers with simple, clear instructions. You can access Mango through the library website at

www.cromwellct.com/library.html