

## Senior Services Commission

May 11, 2020

Please note: This meeting was held via Zoom. Ann Grasso has resigned from the Commission.

The meeting was called to order by Luella Landis at 2:07 p.m.

Roll Call:        Ann Jordan                      Luella Landis                      Paula Luna  
                      Linda Polke                      Mertie Terry (*attended the meeting via phone, but unable to make comments due to technical issues*)

Absent:           Shirley Banic                      Madeline Lowry                      Patricia Sienna  
                      Helen Zalewski

Others:           Amy Saada, Senior/Human Services Director

### Approval/Amendment of Agenda

Motion to approve the agenda made by Paula Luna; seconded by Linda Polke. All in favor. Motion carried.

### Approval of Minutes

Motion to approve the minutes of the March 9, 2020 Regular Meeting made by Linda Polke; seconded by Paula Luna. All in favor. Motion carried.

### Senior/Human Services Director's Report – Amy Saada

Amy applied for the AARP Community Challenge Grant in April. This grant would be used for intergenerational park improvements (approximately \$30,000).

The National Council for Aging Grant would allow seniors to have live virtual tours around the world (online experiences). Examples include mediation with a Buddhist monk, cooking classes with Moroccan families, etc. This grant would cover 50 free experiences.

The Senior Center is closed. Amy is awaiting recommendations on how to reopen. The opening would be in phases starting with small classes. She is trying to add Zoom classes.

The Choices Counselor is available via phone or Zoom.

On May 28, 2020, there will be a virtual event with Gaylord Specialty Health on "How to stay positive during uncertain times".

Yoga is being offered via Zoom on Mondays, Wednesdays and Fridays at 11:00 am. Tai Chi is being offered on Tuesdays and Thursdays at 9:30 am.

Amy received 250 frozen meals for seniors. She has received positive feedback and she is trying to obtain more meals since there is a waiting list. Funding for this program is through the federal government.

The Food Bank is open to anyone who needs it. There are separate bins in the lobby of Town Hall for donations of food, gift cards and masks.

The Health Department is giving Amy masks and she will have a drive-through mask distribution for seniors.

Amy does not want seniors volunteering. She wants them to stay home and stay safe. She suggested that they check in on other seniors via telephone.

#### **Senior Center/Community Center Subcommittee Discussion – Tabled FY2020**

The town budget passed.

#### **Director of Public Health Update – None**

#### **Council Liaison Update - None**

#### **Old Business FY21 Update**

The budget passed. Amy received approval to hire a Full Time Outreach Program Coordinator.

#### **New Business – Re-Opening Discussion**

Amy is trying to come up with a plan to allow people to get together, socialize, and still protect the seniors and the staff. She mentioned having 1 volunteer assigned to touch the "sign in" screen. There is the issue of how to have seniors present without touching items (playing cards, drinking coffee, playing bingo, etc.).

The Senior Center may be the last place to reopen since the Governor has told people over age 65 to stay home.

**Citizens Comments – None**

A motion to adjourn the meeting was made by Paula Luna; seconded by Linda Polke. Meeting adjourned at 2:32 p.m.

Respectfully submitted,

Nancy Stockman

Recording Clerk