Senior Services Commission

February 10, 2020

The meeting was called to order by Vice-Chairwoman Luella Landis at 10:34 a.m.

Roll Call:

Shirley Banic

Ann Grasso (absent from 11:08-11:10)

Ann Jordan

Luella Landis

Madeline Lowry

Paula Luna

Absent:

Patricia Alsup

Linda Polke

Patricia Sienna

Mertie Terry

Helen Zalewski

Others:

Amy Saada, Senior/Human Services Director

Pat Ahlquist, Council Liaison

Al Waters, Council Liaison

Salvatore Nesci, Director of Public Health

Dan Cass, Cromwell Resident

Ned Pendalton, Cromwell Resident

Approval/Amendment of Agenda

Motion to approve the agenda made by Madeline Lowry; seconded by Ann Grasso. All in favor. Motion carried.

Approval of Minutes

Motion to approve the minutes of the January 13, 2020 Regular Meeting made by Paula Luna; seconded by Ann Grasso. Shirley Banic abstained. All others in favor. Motion carried.

Senior/Human Services Director's Report - Amy Saada

The deadline for the 2020 AARP Community Challenge Grant Program is April 1, 2020. Tell Amy if you have any ideas. The grant amount could be sizeable.

The "We Care Club" is a new group of seniors helping other seniors. They have met once and are looking for a mission and a focus. Participants will need to sign a liability waiver.

There is an opportunity to partner with Charter Oak State College. The program would place an RN seeking a BSN for 5 hours per week for 8 weeks. The student would design health improvement projects and could also do blood pressure and routine screenings. The Town Manager and Town Attorney are reviewing the agreement.

The CHOICES counselor is booked for her first scheduled day (March 3, 2020).

The AARP tax aides are booked through March 9, 2020. They will prepare 24 tax returns each week that they are here.

On February 27, 2020 at 1:00, the Berlin VNA will present a "Snack and Learn", followed by a Healthy Cooking Class at 2:30 presented by Stop and Shop.

During the month of February, there are 24 classes/workshops scheduled and 168 activities scheduled. There are 8 "out trips" and 1 "get away" tour scheduled.

The Senior Account balance is \$22,077.41.

Senior Center/Community Center Update

The subcommittee should include people who are going to advocate for the senior/community center and should include all members of the committee (youth, Covenant Village, homebound, seniors, etc.).

Amy told the Commission that there is not enough space. She gave the example of the Juvenile Review Board (JRB) which meets in a conference room, yet there is no private waiting area for the families.

Ann Grasso will be the liaison from the Senior Services Commission to the subcommittee.

Pat Ahlquist reminded the group that they need to be broad and include everyone. He suggested that they invite State Rep. Christie Carpino (who is up for re-election) and let her see their needs. He mentioned that this should be addressed as "the town needs space; not, the seniors need space".

Pat told the group that there is a Community Room at the Police Department that holds 35-40 people and is available.

Amy said that all town departments should do a "needs assessment". She said that they need to form a group that has a mission and one voice. Per Pat Ahlquist, the group needs to be a presence at Town Council and Board of Finance meetings and should also reach out to State Rep. Carpino. Pat and Ned

Pendalton will talk to State Rep. Carpino so that she sees the lack of space (which is impacting programs).

Motion to set up a subcommittee made by Ann Grasso; seconded by Paula Luna. All in favor. Motion carried.

Director of Public Health Update - Salvatore Nesci

Radon Awareness month was successful. It is time for many people to get their 2nd shingles vaccine.

Council Liaison Update - Al Waters

The budget hearings will be help on the first Monday and Tuesday in March starting at 4:30 in the Town Council Chambers. Department heads will be advocating for their programs. Amy's date is not yet scheduled.

There will be discussion about eliminating the overnight parking ordnance (except in the case of a parking ban due to inclement weather).

Old Business

Amy is asking that the part time outreach coordinator position be changed to a full time position.

New Business

Amy discussed the Charter Oak interns under her report.

Citizens Comments - None

A motion to adjourn the meeting was made by Madeline Lowry; seconded by Shirley Banic.

Meeting adjourned at 11:34 a.m.

Respectfully submitted,

Nancy Stockman

Recording Clerk



TOWN OF CROMWELL SENIOR SERVICES DEPARTMENT

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AGENDA SENIOR SERVICES COMMISSION DATE: Monday March 9, 2020

TIME: 10:30AM

LOCATION: Town Hall Room 222

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- II. Approval/Amendment of Agenda
- III. Approval of Minutes 02.10.20 Regular Meeting
- IV. Human Services Director's Report
- V. Senior Center/Community Center Subcommittee
- VI. Director of Public Health Report
- VII. Council Liaison Update
- VIII. Old Business a. FY21 Budget Update
- IX. New Businessb. Proposed Fees Discussion
- X. Citizens Comments
- XI. Adjournment