### **Senior Services Commission**

# October 21, 2019

The meeting was called to order by Chairwoman Pat Alsup at 10:32 a.m.

| Roll Call: | Patricia Alsup | Ann Grasso               | Ann Jordan         |  |
|------------|----------------|--------------------------|--------------------|--|
|            | Luella Landis  | Madeline Lowry           | Paula Luna         |  |
|            | Linda Polke    | Patricia Sienna (arrived | ved at 10:38 a.m.) |  |
|            | Mertie Terry   | Helen Zalewski           |                    |  |

Absent: Shirley Banic Salvatore Nesci, Director of Public Health Al Waters, Council Liaison

Others: Amy Saada, Senior/Human Services Director (arrived at 10:55 a.m.)

# Approval/Amendment of Agenda

Motion to approve the agenda made by Paula Luna; seconded by Mertie Terry. All in favor. Motion carried.

# **Approval of Minutes**

Motion to approve the minutes of the September 9, 2019, Regular Meeting made by Luella Landis; seconded by Ann Grasso. Mertie Terry abstained. All in favor. Motion carried.

# Senior/Human Services Director's Report – Amy Saada

There was a two week long issue with e-mail and e-mails did not get sent, however no one knew about the problem. As a result, the deadline for the Community Foundation Grant was missed.

The Sound System is supposed to be installed this week.

Walmart/Salvation Army Holiday Toy Drive will be held on November 9, 2019, from 8 a.m. – approximately 4 p.m. Volunteers are needed outside Walmart to collect stocking stuffers. Call Amy to sign up to help.

There is a "Lunch and Learn" this week discussing fall prevention.

On Thursday, there is a "Snack and Learn" sponsored by Masonicare. The topic is "How to be your own health care advocate".

There is another flu clinic on October 29, 2019.

The Halloween dinner is October 30, 2019. Autumn Lake will come to help in the kitchen (around 3:30-4:00), however Patricia Sienna said that more help is needed earlier (11:00 - 1:00 p.m.)

The Health Fair will be on November 12, 2019, from 9:00 - noon with over 45 vendors.

Amy has hired a PT driver (Mike) who started last week.

A Cromwell resident is celebrating her 100<sup>th</sup> birthday next month. Amy is talking to her son and the Commission agreed that there should be an acknowledgment.

### **Director of Public Health Update**

Sal Nesci was absent. Per Pat Alsup, the flu clinic was successful. More than 200 people came to the clinic. The shingles and pneumonia vaccines were also available. Sal would like to start a citizens volunteer group to help with events. The next flu clinic is October 29, 2019, and the health fair in November 12, 2019.

Council Liaison Update - None

**Old Business - None** 

### **New Business**

- a. 2020 Senior Commission Meeting Dates The dates will be given out at the next meeting.
- b. Walmart/Salvation Army Holiday Toy Drive Volunteers Needed Discussed in Amy's report.

There was a discussion on whether there should be a meeting in November since it is such a busy time of the year for Amy. The commission agreed that there should be a November meeting.

Ann Grasso attended a meeting at Covenant Village where the Republican Town Committee spoke. Ann asked about additional services. Ann reminded the Commission that they need to stay "front and center" to address the needs for a renovated community/senior center. Pat Alsup will talk to Al Waters and have this addressed at the Town Council meetings.

# **Citizens Comments – None**

A motion to adjourn the meeting was made by Patricia Sienna; seconded by Ann Grasso.

Meeting adjourned at 11:18 a.m.

Respectfully submitted,

Nancy Stockman

Recording Clerk