

Senior Services Commission

June 12, 2107

The meeting was called to order by Chairwoman Patricia Alsup at 10:30 a.m.

Roll Call: Patricia Alsup Theresa Fucini Mary Konopka
Madeline Lowry Patricia Sienna Mertie Terry
Helen Zalewski

Absent: Claire Hickey Linda Polke

Others: Amy Saada, Senior/Human Services Director
Wesley Bell, Public Health Director
Lynda Juda, Cromwell Resident

Approval/Amendment of Agenda

Motion to approve the agenda and move some items to the "New Business" section made by Mary Konopka; seconded by Madeline Lowry. All in favor. Motion carried.

Approval of Minutes

Motion to approve the minutes of the May 8, 2017 Regular Meeting made by Patricia Sienna; seconded by Helen Zalewski. All in favor. Motion carried.

Senior/Human Services Director's Report – Amy Saada

Budget update – money will be spent by July 1, 2017.

Grants/Funding - Amy will be attending a workshop on June 13, 2017 for the Middlesex Community Foundation. She will apply for a grant for iPads and for minor home repairs.

Mertie Terry inquired about computer classes. They are being held at the library on Wednesday from 10:00-11:00 am.

Mertie Terry inquired about the movies. Amy advised that there are movies every Friday.

Amy should hear very soon about the bus grant.

New programs – There will be a YMCA strength class, weekend outings and an additional day of pickle ball. Beginning in July, Autumn Lake will sponsor monthly birthday cake. Autumn Lake will also sponsor a monthly sign-along (first Friday of the month) with the hopes to start a choral group. Wadsworth Glen will provide lunch during the police department presentation on scams on July 17, 2017. Barnum Financial will sponsor a “lunch and learn” the last Tuesday of every month starting in July.

The senior dinners are scheduled for October 19, 2017, March 15, 2018 and June 21, 2018.

The challenges are parking issues and that outreach needs are not being met as 35% of the population is over age 60. (Amy mentioned the need for an outreach coordinator). Amy is also struggling to find volunteers to lead group programs. Program capacity is also an issue as many exercise programs are full.

The donation account is currently \$24,688.00

Motion to approve \$875 for pool table expenses made by Patricia Sienna; seconded by Helen Zalewski. All in favor. Motion carried.

Director of Public Health Update – Wesley Bell

The mosquito program is going full board which will impact the number of mosquitos. The mosquitos that carry the zika virus are in/around a house. People need to dump items that collect water (bird baths, dog bowls, etc.). Brook areas are ok if the water is running.

The gypsy moths are not a health issues. Organic sprays can be applied to trees; the moth then needs to eat the leaf to die. Need to reapply after rain.

The fall flu clinic is scheduled for October 25, 2017 in the town hall gym. No copayment is required; bring ID and medical card. It will be a pure protein vaccine.

Council Liaison Update – None

Old Business - None

New Business

- a. Discussion of feasibility study for new/improved senior center. Lynda Juda, a 10-year Cromwell resident, has been hearing a lot of discussion about the senior center issues while at craft classes, playing pool,

etc. She is willing to do a feasibility study with statistics and meet with the town council. **Lynda must first come back to the group with information prior to meeting with members of the town council.**

Motion to support Lynda in her feasibility study made by Mary Konopka; seconded by Theresa Fucini. All in favor. Motion carried.

- b. By laws - Motion to remove "Good and Welfare" from the meeting agenda made by Madeline Lowry; seconded by Patricia Sienna. All in favor. Motion carried.
- c. Number of Senior Commission members – There are currently 11 members. This will be discussed further in November when the new charter comes out.
- d. Renewal letters were sent to members of the Senior Commission.
- e. Election of chairwoman and vice-chairwoman of the Senior Commission. Mertie Terry made a motion to nominate Patricia Alsup as Chairwoman of the Senior Commission; seconded by Theresa Fucini. All in favor. Motion carried. Mary Konopka made a motion to nominate Linda Polke as Vice-Chairwoman for the Senior Commission; seconded by Helen Zalewski. All in favor. Motion carried.

Citizens Comments – None

Motion made by Thersa Fucini to adjourn the meeting at 11:15 a.m.; seconded by Helen Zalewski. All in favor. Motion carried.

Respectfully submitted,

Nancy Stockman

Recording Clerk