Senior Services Commission

March 14, 2016

The meeting was called to order by Chairwoman, Patricia Alsup, at 10:35 a.m.

Roll Call:

Patricia Alsup

Helen Zalewski

Mary Konopka

Theresa Fucini

Patricia Sienna

Madeline Lowry

Linda Polke

Caroljoyce Cannito

Absent:

Eleanor Corciullo

Mertie Terry

Claire Hickey

Others:

Joy Hollister, Senior/Human Services Director

Al Waters, Town Council Liaison

Approval/Amendment of Agenda

Motion to approve the agenda made by Mary Konopka, seconded by Helen Zalewski. All in favor. Motion carried.

Approval of Minutes

Motion to approve the Minutes of the December 12, 2015 Regular Meeting made by Theresa Fucini, seconded by Helen Zalewski. All others in favor. Motion carried.

Senior/Human Services Director's Report - Joy Hollister

There is a lot going on. There is a "lunch and learn" on March 31, 2016. Liberty Mutual will present on home and auto insurance.

The theater group met on March 7, 2016 and there was a great response with 16 people attending. They will meet again on April 7, 2016. They will choose a play to see in June or July and will try to provide transportation. The bus only holds 16 passengers so this will be on a "first come, first serve" basis. Theresa Fucini will co-chair the group.

The Golf League is starting up again. There are 22 teams of two golfers with 5 substitutes. This is there $10^{\rm th}$ anniversary year.

The next dinner is the end of March. There are 120 people signed up and there is a waiting list.

The volunteer lunch will be in the end of April (date TBD).

There are 7 more weeks of the bowling league.

There will be a guest speaker doing a six week series on health and wellness.

Xpect Discounts is closing. The new tenant is TBD.

Joy thanked all those who came to support her at the council meeting when she presented the budget. There is a meeting on April 12, 2016 at 7 PM where she is presenting to the Board of Finance.

Patricia Sienna is enjoying the tai chi class. She recommends that other come to the class. It is very relaxing but the (Arch) room is almost too small. The times are Wednesday at 10:30 and Friday at 9:00.

Joy Hollister reminded everyone that there is a basic yoga class on Wednesday at 9:00 and a more advanced class on Friday at 10:30.

Patricia Alsup said the Senior Center is running out of space.

Caroljoyce Cannito questioned the high number of medical visits on Joy's reports. Per Joy, there are 3 drivers and some days they are very busy.

Linda Polke questioned the "parking kiosks" located in Hartford and Middletown and Joy explained how they work.

Per Patricia Alsup, Joy is doing a great job.

Director of Public Health Update - None

Council Liaison Update - Al Waters

XPect Discounts is closing. There are rumors about the new tenant but paperwork has not been signed yet.

The February 29, 2016 and March 3, 2016 budget workshops went well.

The Charter Revision Commission was formed and 7 members were sworn in.

The Head of the Mattabassett gave the town council a report.

Mary Konopka loves the farmers market and said that there is never an odor coming from Mattabassett.

The parade will be Monday, May 30, 2016. Many other towns are having their parade that day. Joe Furey will be the Grand Marshall.

There is a special town council meeting this Wednesday, March 16, 2016 at 6:30 in the gym about the farmers market fees. All would like people to come out to support the farmers market. Helen Zalewski loves the market. The kids have fun and there is wonderful music.

Old Business- None

New Business

Program suggestion – Joy Hollister had someone approached her about an adult coloring program. Pat Sienna enjoyed the monthly painting class. Joy will talk to Eileen (at the library) about starting a coloring group.

Someone also approached Joy about a meditation program. At this point, Joy thinks we're running out of time and space. We would also need someone to lead the group.

Al Water said that the Frisbee park was supposed to include bocce courts and horse shoe pits. He brought it up 2 years ago and was told that it would be a part of River Landing. Patricia Alsup suggested that Al talk to the Parks and Recreation department.

Citizens Comments - None

Good and Welfare

Per Linda Polke, please come out to support he farmers market.

Per Joy, the following members' terms will expire next month: Madeline Lowry, Claire Hickey, Caroljoyce Cannito, Eleanor Corciullo, Mertie Terry and Patricia Sienna. They need to go to their party chair and let him/her know if they will be continuing.

Motion made by Patricia Sienna to adjourn the meeting at 11:20 a.m.; seconded by Caroljoyce Cannito. All in favor. Motion carried.

Respectfully submitted,

Nancy Stockman

Recording Clerk