

Cromwell Senior Center Program Survey

In an effort to enhance the programs offered to Cromwell residents, Cromwell Senior Center is looking to hear from its senior population on what you'd like to see offered for programming. We are obviously limited in space, but we'd like to know where the most interest lies and see if we can work with the schools, library, parks and recreation and other resources to bring some new programming on board. *Some programs listed are currently offered, but please select if it interests you or not so that we can evaluate continuation.*

Activity	Very Interested	Somewhat Interested	Not Interested
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Writing			
Journaling			
Short Stories			
Other _____			

Arts/Crafts			
Monthly Craft Class			
Holiday Craft Class			
Flower Arranging			
Painting Classes			
Needlepoint			
Quilting			
Knitting/Crocheting			
Jewelry Making Class			
Ceramics			
Other _____			

Exercise			
Strength Training			
Arthritis Range of Motion			
Walking Club			
Nature Walks/Hiking			
Tai Chi			
Yoga			
Chair Yoga			
Line Dancing			
Golf			
Chair Exercise Class			
Low Impact Aerobics			
Horse Shoes/Bocce			
Other: _____			

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Activity	Very Interested	Somewhat Interested	Not Interested
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Games			
Bingo			
Board Games			
Bridge			
Canasta			
Chess			
Checkers			
Cribbage			
Dominos			
Pinochle			
Pitch			
Poker			
Other: _____			

Education/Lifelong Learning			
Investment/Stock Group			
Book Club			
Current Events Discussion			
Foreign Language Classes			
~Spanish			
~French			
~German			
~ Italian			
Other language: _____			
Organ/Piano Lessons			
Town History Group			
Veterans Discussion Group			
Other: _____			

Computer			
How To-General Lessons			
Internet			
Email			
Facebook/Social Media			
Genealogy			
Greeting Cards			
EBay			
Digital Photography			
Other: _____			
Other: _____			

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Cooking			
Cooking for One			
Holiday Candy Making			
Low Fat/Low Salt			
Holiday Cookie Swap			
Other: _____			

Gardening			
Container Gardening			
Houseplants			
Community Garden			
Facility Gardening Group			
Other: _____			

Travel			
Van Day Trips			
Motor Coach Day Trips			
Motor Coach Overnight Trips			
Casino Trips			
Museums			
Lunch			
Dinner			
Breakfast			
Other: _____			

Parties			
Daytime Holiday Parties			
Themed Lunches			
Evening Dinners/Parties			
New Years Eve Party			
SuperBowl Party			
Other: _____			

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Health/Support			
Low Vision Support Group			
Hearing Loss Support Group			
Bereavement Support Group			
Caregiver Support Group			
Chair Massage			
Reiki			
Footcare Nurse			
RN-once per week			
Other: _____			

Volunteering			
Friendly Visitors			
Drive seniors to appointments			
Help with Centers Gardens			
Help in Centers Kitchen			
Advisory Council Member			
Decorate Center for holidays			
Help seniors w/small jobs			
Help seniors w/shopping			
Other: _____			

Please indicate your age range:

50-55___ 56-60___ 66-70___ 71-75___

76-80___ 81-85___ 86-90___ 90+___

How many times have you participated in Cromwell Senior Center Activities in the past year?

Never___ Seldom___ About 1X/Month___ About 1x/Week___ More than 1x/Wk___